

100

QUESTIONS & ANSWERS

How does a sleep specialist diagnose a sleep problem?

Is snoring a nuisance or a problem?

What can I do for my sleeplessness?

Do night shift workers suffer from physical illness?

Do sleep disturbances affect organs in the body?

About
**Sleep and
Sleep Disorders**
Second Edition



by
Sudhansu Chokroverty, MD, FRCP, FACP

100 Questions And Answers About Sleep Disorders

Joacim Rocklöv



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