

## INTRODUCTION - ADOLESCENCE

- Adolescence is the period of transition between childhood and adulthood. It is a period when rapid physiological changes take place and demands for new social roles.
- The adolescents, due to these changes often face a number of crises and dilemmas.
- Adolescent has traditionally been viewed as beginning with the onset of puberty, a rapid spurt in physical growth accompanied by sexual maturation and as ending when individuals assume the responsibilities associated with adult life-marriage, entry into workforce and so on.

# Adolescence Introduction

**Siddappa N.Byrareddy**



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