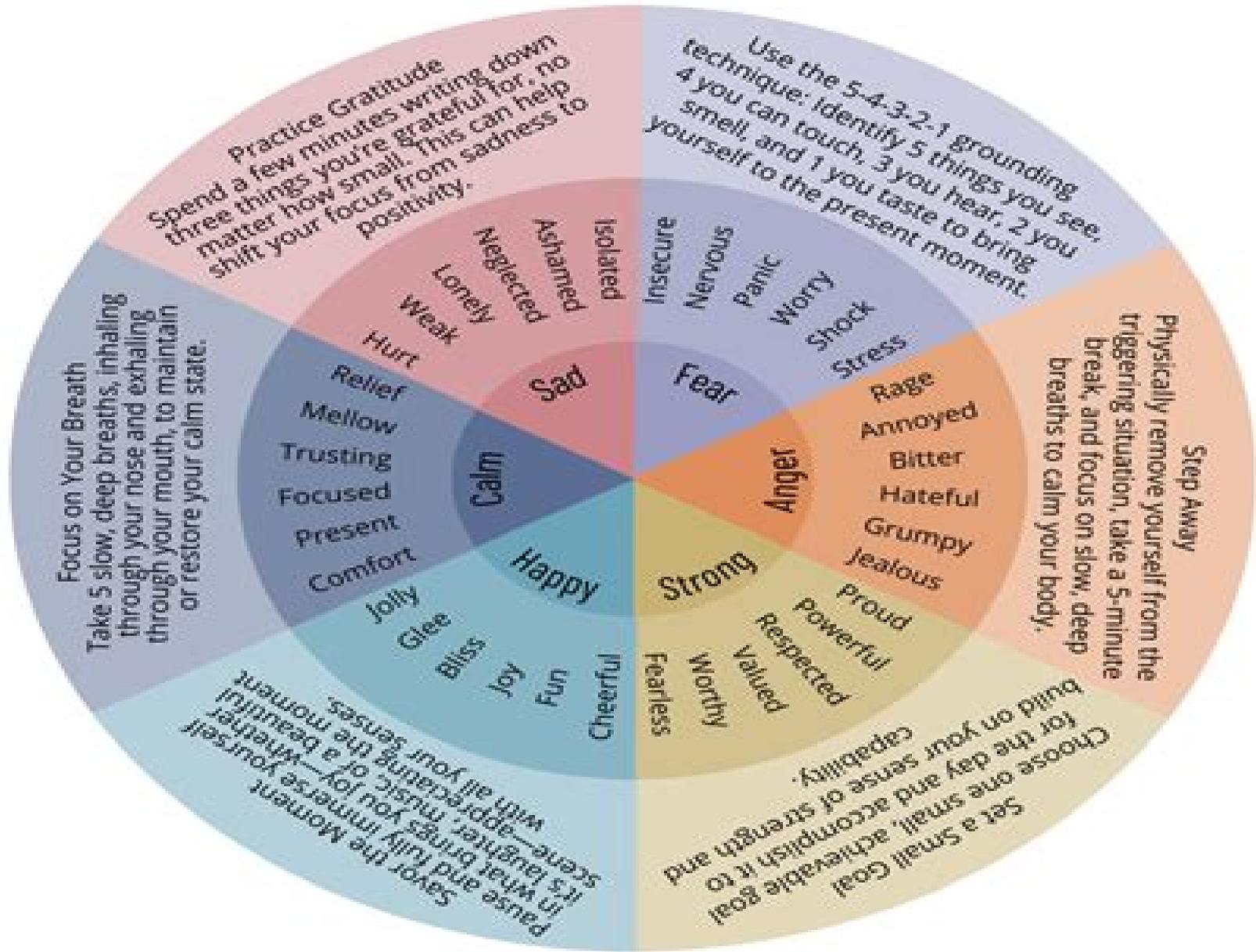


# The Coping Wheel



# Coping With Emotions

**Huangqi Zhang**



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