

STUDENT NAME **Kaitlynn Flynn**DISORDER/DISEASE PROCESS **Femur Fracture**REVIEW MODULE CHAPTER **71****Alterations in Health (Diagnosis)**

Break in a bone due to trauma or a pathological condition.

**Pathophysiology Related to Client Problem**

Break in a bone secondary to trauma or poor bone density.

**Health Promotion and Disease Prevention**

Adequate intake of calcium, and vitamin D, exposure to sunlight

**ASSESSMENT****Risk Factors**

Osteoporosis  
Falls  
Motor vehicle crashes  
Substance use disorder  
Diseases (bone cancer, Paget's disease)

**Expected Findings**

History of trauma, metabolic bone disorders, chronic conditions, and possible use of corticosteroid therapy  
Pain and reduced movement manifest at the area of fracture or the area distal to the fracture.

**SAFETY CONSIDERATIONS**

Fall risk

Monitor electrolytes

Early mobilization to prevent thromboembolic events

Risk of infection

**Laboratory Tests**

CBC can help detect bleeding (decreased hemoglobin, hematocrit) or infection (increased WBC).  
ESR can be increased if inflammation is present.

**Diagnostic Procedures**

Standard radiographs, computed tomography (CT) imaging scan used to detect fractures of the hip and pelvis, and/or magnetic resonance imagery (MRI).

**PATIENT-CENTERED CARE****Nursing Care**

Prevent dislocation, especially of hip.  
Monitor skin integrity.  
Perform a neurovascular assessment.

**Medications**

Opioid and non-opioid analgesics.

NSAIDs

Muscle relaxants

Antibiotic (prophylactic in open fractures).

**Client Education**

- Inform patient and caregiver about positions and activities that place the client for dislocation.  
- Educate client to report Report pain not relieved by analgesics or pain that continues to increase in intensity.

**Interprofessional Care**

Orthopedic surgeon  
Physical therapy  
Occupational therapy  
Social services

**Complications**

Compartment syndrome

Fat embolism

Venous thromboembolism

Osteomyelitis

Hemorrhage

Complex regional pain syndrome (CRPS)

# Disorder And Fracture

**Thirumalaisamy P.  
Velavancorresponding**



## **Disorder And Fracture:**

## Unveiling the Magic of Words: A Report on "**Disorder And Fracture**"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their power to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**Disorder And Fracture**," a mesmerizing literary masterpiece penned by way of a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book's central themes, examine its distinctive writing style, and assess its profound affect on the souls of its readers.

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