

PSYC3056 Current & Emerging Issues in Psycho-Oncology & Pain Research Week 1: Chronic Medical Conditions

What is health psychology?

- A branch of psychology that focuses on how people cope and manage illness and health behaviours.
- The main goals of health psychology are:
 - Understanding psychological factors implicated in health and illness
 - The promotion and maintenance of health
 - The prevention, treatment and management of illness
 - Improving health-care systems and health policy
- “An interdisciplinary field concerned with the application of psychological knowledge and techniques to health, illness and health care” (Marks et al., 2011)
- Health psychology is a relatively new discipline

What do health psychologists do?

- Health psychologists aim to understand health and illness behaviours e.g. why do some people behave in a healthy way and others not? Why do some people refuse to take their medication or visit a doctor?
- They use their knowledge of psychology to promote general well-being and understand physical illness
- They are specially trained to deal with the mental and emotional aspects of health and illness
- Health psychologists conduct basic and applied research e.g. interventions that lead to an improvement in quality of life with patients with chronic pain, applied benefit because it is looking to see if there is a benefit.

Health psychology research

- **Health damaging behaviours** – identifying behaviours that may be damaging to a person’s health e.g. smoking, drug abuse, poor diet, and why people do or do not engage in them
- **Health protective behaviours** – exploring why some people engage in healthy protective such as exercise, a healthy diet, oral hygiene, health checks/ self-examination and attending preventative medical screenings.
- **Health related cognitions** – investigating cognitive processes which mediate and determine health and illness behaviours (e.g. health beliefs, locus of control, self-efficacy) and whether modifying such processes are associated with therapeutic benefits.

Current And Emerging Issues In Cancer Pain

T. M. Marrelli



Current And Emerging Issues In Cancer Pain:

Current and Emerging Issues in Cancer Pain Research and Practice C. Richard Chapman, Kathleen M. Foley, 1993
Handbook of Pain Syndromes Andrew R. Block, Ephrem Fernandez, Edwin Kremer, 2013-05-13 Pain syndromes involve a complex interaction of medical and psychological factors In each syndrome unique physiological mechanisms are mediated by emotional states personality traits and environmental pressures to determine the nature and extent of pain complaints and pain related disability The Handbook addresses the complexities of chronic pain in three ways Section I describes general concerns that cross cut the different syndromes such as the use of narcotic pain medications the detection of deception and malingering and the epidemiology of pain Section II presents comprehensive reviews of a wide range of pain syndromes Each covers basic pathophysiology psychological factors found to influence the course of the syndrome and syndrome specific multidisciplinary treatment approaches Most of the Section II chapters are coauthored by psychologists and physicians Section III discusses pain in special populations including the elderly and children The Handbook is the most up to date comprehensive and integrated single volume resource for all those professionally concerned with pain **Management of Cancer Pain** United States. Management of Cancer Pain Guideline Panel, 1994 [Management of Cancer Pain](#) DIANE Publishing Company, 1995-08 Cancer is diagnosed in over one million Americans annually one of five deaths in the U S about 1 400 day result from cancer This Guideline provides recommendations about the assessment management of cancer pain Describes the uses of analgesics adjuvant drugs cognitive behavior strategies physical modalities palliative radiation antieoplastic therapies nerve blocks palliative ablative surgery Developed by an interdisciplinary panel of clinicians patients experts in health policy Tables of scientific evidence Glossary bibliography acronyms Charts tables *Cancer Pain Management* Deborah B. McGuire, Connie Henke Yarbro, Betty Ferrell, 1995 **MD Anderson Manual of Psychosocial Oncology** James D. Duffy, Alan Valentine, 2010-12-17 A practical and comprehensive guide to fostering behavioral and emotional health in cancer patients from one of the world s leading cancer treatment centers Reflecting the collective expertise of more than forty contributors most from the renowned MD Anderson Cancer Center this manual addresses key psychological and behavioral issues that should be considered when treating cancer patients including special populations such as children and the elderly Coverage includes Communicating with patients and family Distress and cancer Assessment and management of psychological symptoms including mood disorders anxiety fatigue substance abuse and delirium Family and cultural issues including spirituality and religion and supporting the caregiver Integrative medicine Physical medicine and rehabilitation Grief and end of life issues including non pharmacologic interventions and palliative medicine Healthcare professional wellbeing MD Anderson Handbook of Psychosocial Oncology is designed to be a practical guide for clinicians and allied professionals in the day to day practice of psychosocial oncology which is an essential component of the comprehensive care of cancer patients and their caregivers **Bonica's Management of Pain** Scott M.

Fishman, 2012-03-29 Now in its Fourth Edition with a brand new editorial team Bonica's Management of Pain will be the leading textbook and clinical reference in the field of pain medicine An international group of the foremost experts provides comprehensive current clinically oriented coverage of the entire field The contributors describe contemporary clinical practice and summarize the evidence that guides clinical practice Major sections cover basic considerations economic political legal and ethical considerations evaluation of the patient with pain specific painful conditions methods for symptomatic control and provision of pain treatment in a variety of clinical settings

Topics in Palliative Care Russell K. Portenoy, Eduardo Bruera, 1997 This is the fifth book in a series devoted to research and practice in palliative care This rapidly evolving field focuses on the management of phenomena that produce discomfort and that undermine the quality of life patients with incurable medical disorders To highlight the diversity in this field each volume is divided into sections that address a range of issues Various sections discuss aspects of symptom control psychosocial functioning spiritual or existential concerns ethics and other topics The six sections in this volume are Cultural Issues in Palliative Care Palliative Care in Geriatrics Communication Issues in Palliative Care Outcomes Research in Palliative Care Opioid Tolerance Reality or Myth and Pain and Other Symptoms Treatment Challenges The authors present and evaluate existing data provide a context drawn from both the clinic and research and integrate knowledge in a manner that is both practical and readable

The Medical Outcomes & Guidelines Sourcebook, 1995 *management of cancer pain: adults* U.S. Department of Health and Human Services, **Psychiatric Aspects of HIV/AIDS** Francisco Fernandez, Pedro Ruiz, 2006 This comprehensive text focuses on psychiatric issues associated with HIV AIDS and provides clinicians with a basic understanding of epidemiology virology transmission and medical treatments inclusive of occupational exposures Psychosocial spiritual and sociocultural aspects of HIV AIDS are covered describing implications of HIV AIDS across minority groups The treatment section allows clinicians to organize an effective psychiatric treatment plan for all mental disorders associated with HIV AIDS Issues of adherence prevention and public well being are emphasized throughout The management of medical problems such as delirium dementia and pain management in special HIV AIDS patients with co morbid substance abuse as well as end of life care is also included

Psychosocial Factors in Pain Robert J. Gatchel, Dennis C. Turk, 1999-02-12 This multidisciplinary volume provides the latest information on the role of psychosocial factors in chronic acute and recurrent pain Reporting on significant advances in our understanding of all aspects of pain the volume is designed to help practitioners students and researchers in a wide range of health care disciplines think more comprehensively about the etiologies assessment and management of this prevalent and debilitating symptom Chapters from leading clinical investigators address many of the most frequently encountered pain syndromes focusing on the interplay of somatic and psychosocial factors in the experience maintenance and exacerbation of pain Issues related to evaluation prevention and management are explored in depth with coverage of such topics as the role of pain management in primary care settings the prediction of responses to pain and

responses to treatment and the influence of gender Journal of the National Cancer Institute ,1996 Summaries of papers contained in the journal accompany each issue 19 Assessment and Treatment of Cancer Pain Richard Payne,Richard B. Patt,C. Stratton Hill,1998 *Merritt's Neurology* Lewis P. Rowland,2000 This thoroughly revised tenth edition retains the same organization practicality and readability that made Merrit s one of the most popular texts among neurologists primary care providers and residents reviewing for psychiatry or neurology boards The book provides the essentials clinicians need on signs and symptoms diagnostic tests and neurologic disorders of all etiologies **Dying, Death and Bereavement, 2000-2001** George E. Dickinson,Michael R. Leming,Alan C. Mermann,1999-08 **Visceral Pain** Gerald F. Gebhart,1995

Hospice and Palliative Care Handbook T. M. Marrelli,2005 This easy to use handbook is the only one of its kind to offer concise focused coverage of all hospice related conditions Key topics include professional standards and guidelines bereavement services considerations outcomes and goals quality control and tips for obtaining reimbursement Couverture

Evaluating Quality of Life, Functional Capabilities, and Coping Strategies of People with Chronic Pain Taking Opioids Versus No Opioids Nancy Jane Adams,2002 **Proceedings** ,1994

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