

# Chapter 3

## Culture and Family Subsystems

One way to look at the family is to examine its existing subsystems: husband-wife, parent-child, and sibling-sibling. In this chapter, cultural aspects of the family will be examined by analyzing cultural variations on each subsystem of the family.

### *THE HUSBAND-WIFE SUBSYSTEM*

Marriage between husband and wife has various implications. From a psychological functional point of view, the purposes of marriage have been described by Lidz (1974): to gain the security afforded by a union; to complement and complete one another; to find a common purpose sexually and by having and rearing children; and to find diverse ways of achieving reciprocity with one another. From a socio-anthropological point of view, marriage is considered a way to constitute an alliance between two kinship groups in which the couple concerned is merely the most conspicuous link (Hoebel, 1972).

The basic nature of marriage can be considered a fulfillment of ethical/moral expectations; marriage is a means of achieving membership in a society, or a means of meeting a partner's biological, psychological, and social needs. In other words, marital relations can be seen either as an obligatory lifelong commitment or as a functional unit based on affectional needs and relations. For the latter case, if the relationship is unsatisfactory, the spouses can choose to terminate the commitment and search for other partners.

#### *The Marital Life Cycle*

From a longitudinal perspective, marital relations are closely related to the personal life cycle and go through different stages of development in terms of the nature of marriage. The marriage life cycle has been systematically reviewed in the context of the nuclear family in contemporary American society by Pollak (1965), and Carter and McGoldrick (1980), focusing primarily on the tasks of childbearing and child-rearing. Utilizing such a framework, the marital cycle can be compared with marital life within the nuclear and extended families to illustrate how family systems may affect the life cycles of marriages differently. *Nuclear*

# Culture And Family Problems And Therapy

**K Morrison**



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