



GUIDE TO
Buying
Vitamins &
Supplements

What's *really* in the bottle?



PRODUCTS TESTED:

Multivitamins	Fish Oils
Chondroitine & Glucosamine	Calcium
CoQ10	Creatine
Glucosamine	B Vitamins
Iron Polymers	Vitamin C
Soy & Red Clover Isoflavones	Vitamin E
Coenzyme Q-10	and more!

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Consumerlab.coms Guide To Buying Vitamins Supplements

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