

# BEHAVIOR MODIFICATION THERAPY

BMT has been used to treat the following conditions

ATTENTION-DEFICIT HYPERACTIVITY DISORDER (ADHD)

SEPARATION ANXIETY

OBSESSIVE-COMPULSIVE DISORDER (OCD)

PHOBIAS AND TRAUMA

GENERALIZED ANXIETY DISORDER (GAD)

DISRUPTIVE DISORDER AMONG OTHER CONDITIONS

## BMT TECHNIQUES

POSITIVE  
REINFORCEMENT

NEGATIVE  
REINFORCEMENT

PUNISHMENT

SYSTEMATIC  
DESENSITIZATION

EXTINCTION

FLOODING

AVERSION  
THERAPY

# Behavior Modification And Therapy An Introduction

**Chao Zhang**



## **Behavior Modification And Therapy An Introduction:**

Delve into the emotional tapestry woven by Emotional Journey with in Experience **Behavior Modification And Therapy An Introduction** . This ebook, available for download in a PDF format ( PDF Size: \*), is more than just words on a page; it is a journey of connection and profound emotion. Immerse yourself in narratives that tug at your heartstrings. Download now to experience the pulse of each page and let your emotions run wild.

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