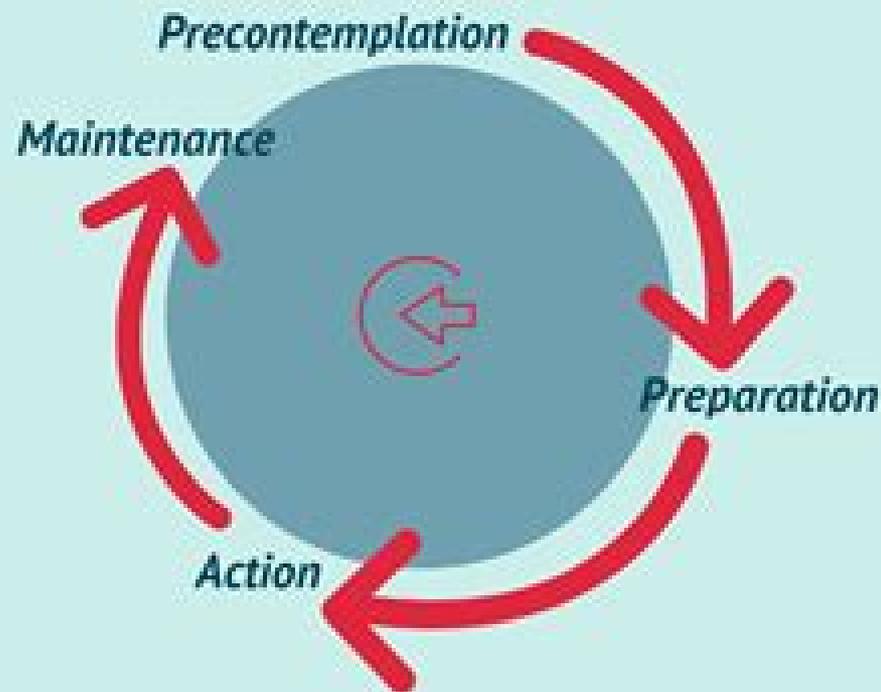


Behavioral Change Model

Behavioral change models are designed to provide clarity on why we behave the way we do and, in the context of healthcare interventions, help us replace undesirable behaviors with those that are more beneficial. Behavioral change models seek to explain the reasons behind changes in human behavior.



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