


**Behavioral Medicine**  
**Approaches to**  
**Cardiovascular**  
**Disease Prevention**



edited by

Kristina Orth-Gomér  
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# Behavioral Approaches To Cardiovascular Disease Behavioral Medicine Series

**Shari Waldstein, Willem Kop, Leslie  
Katzel**



## **Behavioral Approaches To Cardiovascular Disease Behavioral Medicine Series:**

Handbook of Research Methods in Cardiovascular Behavioral Medicine Neil Schneiderman, Stephen M. Weiss, Peter G. Kaufmann, 2013-11-21 Cardiovascular disease continues to be the number one source of morbidity and mortality in our country following definition by behavioral medicine was developed and shaped into the one source of morbidity and mortality in our country. Despite a 35% reduction since 1964 these Behavioral medicine is the interdisciplinary field concerned with the development and integration of behavioral and biomedical science knowledge and techniques. The United States has identified the application of this knowledge and these techniques to prevention, diagnosis, treatment, and rehabilitation of cardiovascular diseases, particularly coronary heart disease. CHD claim nearly 1 000 000 lives each year in the United States. The Framingham study among others has identified the application of this knowledge and these techniques to prevention, diagnosis, treatment, and rehabilitation of CHD. Three major risk factors implicated in the development of CHD: smoking, elevated serum cholesterol, and high blood pressure. This concept of biobehavioral collaboration is relevant to the understanding of health and illness and has challenged scientists and clinicians of many disciplines to consider how they might more effectively address cardiovascular diseases. Given that these factors account for less than 50% of the variance associated with CHD, it has become obvious that additional diagnostic, treatment, and prevention strategies must be identified if further progress is to be made in disease prevention and simultaneously among others behavioral psychology control.

Behavioral Medicine Approaches to Cardiovascular Disease Prevention Kristina Orth-Gomér, Neil Schneiderman, Kristina Orth-Gomér, 2013-05-13 Cardiovascular disease (CVD) is the number one killer of men and women in industrialized countries. In older age groups CVD is also the most important cause for hospitalization and in many countries it is the basis of early retirement from work. Thus CVD is associated with enormous costs for care and loss of productivity as well as for disabilities, pensions, etc. All this has motivated clinicians and scientists to develop and implement new methodologies and technologies to better care for patients who are hospitalized for heart disease. Efforts to improve care in the acute phases of coronary heart disease (CHD) have been successful. During the last decade the immediate mortality risk of a patient admitted to coronary care for a suspected myocardial infarction or other acute coronary syndrome has decreased to less than 10%. Despite these achievements CVD continues to represent a major threat to the health of middle aged and elderly men and women. This volume addresses myriad aspects of CHD prevention including biobehavioral and psychosocial factors, behavioral epidemiology, behavioral intervention models, and policy. The first section of the text provides an introduction to CVD prevention and behavioral medicine. The second section introduces two theoretically different approaches to preventive action: high risk and population based strategies. The third section describes and discusses the important questions of how behavioral sciences can be conceptually integrated into traditional medically based preventive efforts. The fourth section presents both population and high risk behavioral intervention approaches. In summary, this volume examines the social environment and its potentials for preventive actions, reviews the psychosocial and biobehavioral mechanisms involved in

these effects and describes concrete and practical implementations of behavioral medicine knowledge as they have been applied to CHD prevention **Behavioral Approaches to Cardiovascular Disease** Richard S. Surwit, Redford B.

Williams, David Shapiro, 1982 **Current Catalog** National Library of Medicine (U.S.), 1982 First multi year cumulation covers six years 1965-70 *National Library of Medicine Current Catalog* National Library of Medicine (U.S.), 1982

**Monographic Series** Library of Congress, 1982 **Behavioral Aspects of Cardiovascular Disease** Alvin P. Shapiro, Andrew S. Baum, Andrew S. Baum, 2014-05-12 Smoking diet stress coping and exercise among other behaviors and psychological states are now clearly implicated in the development of cardiovascular diseases Prevention based largely on altering behaviors that contribute to this chronic disease is now as important a goal as is treatment of those already afflicted This volume based on a recent meeting of the Academy of Behavioral Medicine Research addresses several important areas of research in the general area of cardiovascular disease The topics covered reflect on important aspects of this phenomenon such as the long term development of coronary artery disease central nervous system CNS regulation of blood pressure heart rate and sympathetic tone playing a pivotal role in sympathetic activity and hypertension learned blood pressure modulation and baroreceptor activation as a means of reducing the aversiveness of stress or noxious stimulation and the notion that symptoms of heart disease or infarction may occur in the absence of organic heart disease Having been impressed by the recent advances in the field the editors of this book capture the wealth of newly acquired knowledge about behavioral factors in cardiovascular disease and how the body's nervous endocrine and cardiovascular systems work together *Library of Congress Catalogs* Library of Congress, 1982 *Books in Series*, 1985 Vols for 1980 issued in three parts Series Authors and Titles *Cardiovascular Behavioral Medicine* Shari Waldstein, Willem Kop, Leslie Katzel, 2010-11-16 Cardiovascular disease is the leading cause of morbidity and mortality in the United States and most other westernized nations It is well recognized that traditional risk factors for cardiovascular disease have limited predictive utility in the identification of new cardiovascular disease cases and outcomes Thus investigators have argued that application of a biopsychosocial research paradigm in this field may be of particular utility in understanding cardiovascular disease pathogenesis Accordingly a subdiscipline within the field of behavioral medicine cardiovascular behavioral medicine examines interrelations among biological behavioral psychological and social factors in cardiovascular health and disease In 1989 Schneiderman and colleagues published a seminal work entitled *Research Methods in Cardiovascular Behavioral Medicine* Since that time there has been an exponential increase in the amount and scope of work in this topic area but no similar edited volume has been undertaken Here we propose to create a compendium of work in the field of cardiovascular behavioral medicine the purposes of which are to summarize research in this area promote multidisciplinary research and clinical practice and encourage researchers and clinicians to consider all relevant facets of the disease process in their evaluation and study of cardiovascular disease pathogenesis and outcomes In this volume we propose several sections Section I will provide an

overview of basic cardiovascular anatomy and physiology cardiovascular disease classification and application of the biopsychosocial model to the study of cardiovascular disease Section II will cover sociodemographic behavioral psychosocial biomedical and psychophysiological risk factors for cardiovascular disease Each chapter will offer a discussion of construct definition measurement issues and epidemiological evidence for relations to cardiovascular disease Chapters on biomedical and psychophysiological risk factors will also describe sociodemographic behavioral and psychosocial correlates of these risk factors Section III will summarize literature on biopsychosocial investigation of specific cardiovascular disease entities the evidence base for relevant biopsychosocial interventions and evaluation of the impact of cardiovascular diseases on behavior Section IV will cover select special topics in the field of cardiovascular behavioral medicine including common comorbidities special populations special issues and data analytic issues This volume is unique in several respects First there is no similar work available in terms of the scope of topic coverage Second the inclusion of relevant measurement issues and construct definitions of a comprehensive set of risk factors will be of great assistance to researchers and clinicians in this area who wish to improve their assessment of these variables yet are not familiar with or trained in the various methodologies Third the use of multidisciplinary contributors will greatly enhance the utility of the work The primary audiences for this work are multidisciplinary researchers clinicians and students in cardiovascular behavioral medicine or behavioral medicine more broadly Representative disciplines include psychology psychiatry medicine nursing and epidemiology The prospective authors listed below represent each of these disciplines

**Subject Catalog** Library of Congress,1982 *Behavioral Medicine, Theory and Practice* Ovide F. Pomerleau,John Paul Brady,1979 1 Behavioral Epidemiology 2 Learning and conditioning 3 Biofeedback 4 Self management 5 Behavioral pediatrics 6 Chronic pain 7 Musculoskeletal and Stress related disorders 8 Sexual Dysfunction 9 Hypertension 10 Smoking 11 Problem Drinking and Alcoholism 12 Behavioral Medicine and beyond The Example of Obesity *Journal of Behavioral Medicine* ,1997

**Health and Industry** Michael F. Cataldo,Thomas J. Coates,1986 Gathered together in this book is a cross section of health care experts who discuss the health care concern of workers and company health plans all from the point of view of behavioral medicine The first section focuses on the principles of the application of behavioral medicine in the industrial setting The second addresses the real chronic health problems affecting workers and ultimately their employers such as obesity stress hypertension cardiovascular disease smoking dental care etc The third looks at actual health care programs how they operate and their successes and failures The concluding section deals with policy issues relating to health care in industry and provides some lively and controversial views from several different perspectives economic medical managerial and labor

*Technology and Methods in Behavioral Medicine* David S. Krantz,Andrew S. Baum,,Andrew S. Baum,1998-07 This volume reviews the kinds of advances in technology and methodology that make possible improved assessment monitoring and research in behavioral medicine For researchers and practitioners in clinical psych neuropsychology and behavioral medicine

**National Union**

**Catalog** ,1982 Includes entries for maps and atlases      *The Behavior Therapist* ,1991      **Medical Books and Serials in Print** ,1984      Type A Behavior Pattern B. Kent Houston,C. R. Snyder,1988-04-21 Increasing attention has been paid to the links between psychological social and behavioral factors and the onset of coronary heart disease This work assesses the present state of knowledge concerning Type A behaviour the most common and extensively researched behaviour pattern  
*Uniform Trade List Annual* ,1977

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