

A sourcebook for

HELPING PEOPLE WITH SPIRITUAL PROBLEMS

EMMA BRAGDON, Ph.D.



A Sourcebook For Helping People With Spiritual Problems

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A Sourcebook For Helping People With Spiritual Problems:

A Sourcebook for Helping People with Spiritual Problems Emma Bragdon,1993 A Sourcebook for Helping People with Spiritual Problems Emma Inc. Bragdon,2012-11 As more people practice meditation yoga and participate in workshops for personal transformation increasing numbers of them are having experiences related to spiritual awakening The problem is they don t know the territory An intense spiritual experience can seem overwhelming and scary and even be confused with going crazy This practical book is the classic text newly updated in 2006 3rd edition defining the problems that can arise when someone is disoriented by intense spiritual experiences It is a valuable resource for anyone interested in spiritual experiences and their relationship to mental health and mental illness It distinguishes the differences between various mental pathologies and indicators of spiritual awakening It clearly describes the kind of care one needs in a spiritual emergency process and how the care is dramatically different than conventional psychiatric treatment It traces the history of how signs of spiritual awakening have been perceived in the past Graduate schools of psychology use this book as a text because it is such a clear statement about the nature of spiritual crises and appropriate treatment However it is written in a style that is also appropriate for any adult reader The author a transpersonal psychologist has written five other books on spiritual healing and awakening The title of the first edition of this book was **A Sourcebook for Helping People in Spiritual Emergency** and was published in 1988 **The Call of Spiritual Emergency** Emma Inc. Bragdon,2012-08-16 A feast of revealing narratives expose the amazing story of how people deal with critical points in personal transformation also known as spiritual emergency With the increase of interest in yoga meditation mental health recovery and recovery from addiction there is renewed interest in care that is not based on medication as much as empathy and compassionate companionship This book helps anyone who doesn t have a language to understand intense inner experiences and confuses them with mental illness If you have felt disoriented by intense spiritual experiences this book will help you understand where you are and where you may be heading It is a map of the journey of spiritual awakening written by a psychologist who knows the territory well Reading it may make the difference between heading off to the hospital to get drugs to stop the symptoms or staying home and knowing you are OK Just because you have had a conversation with your spirit guide or talked to the spirit of someone who has passed away doesn t mean you are having a breakdown It could mean you are having a breakthrough to a higher level of functioning The author is a psychologist and knows the territory What Counsellors and Spiritual Directors Can Learn from Each Other Peter Madsen Gubi,2017-04-21 This new collection explores the intersection of spiritual direction and counselling It considers the ways in which they can enhance each other to provide better therapeutic and pastoral care

Spiritism and Mental Health Emma Bragdon,2013-02-15 An account of the philosophy theory practical applications and wider relevance of Spiritist therapies to be published in the English language It explores how Spiritist centers and psychiatric hospitals are established and financed with specific examples from Brazil and the USA *Kundalini Rising*

Various Authors,2009-09-01 You have within you a latent energy waiting to transform your life Known as kundalini this legendary power is believed to catalyze spiritual evolution But is kundalini real And if so how can we engage this energy to awaken our consciousness For centuries the secrets of kundalini have been guarded by masters and buried in esoteric texts around the globe Kundalini Rising brings together 24 illuminating essays by some of today s most prominent voices to demystify this mysterious phenomenon From personal accounts and yogic practices to brain research and historical perspectives this compelling anthology weaves together both the mystical and practical perspectives on the rise of kundalini energy to help support your own spiritual discovery Contributors include Lawrence Edwards PhD Bonnie Greenwell PhD Bruce Greyson MD Gene Keiffer Penny Kelly Gurmukh Kaur Khalsa Shanti Shanti Kaur Khalsa PhD Sat Bir Singh Khalsa PhD Gurucharan Singh Khalsa PhD Gopi Krishna Olga Louchakova David Lukoff PhD Andrew B Newberg PhD Stuart Perrin John Selby Stuart Sovatsky PhD Swami Sivananda Radha Dorothy Walters PhD John White Whitehawk Barbara Harris Whitfield Charles L Whitfield MD and Ken Wilber

Caregiving Sourcebook Joyce Brennfleck Shannon,2001 Basic Consumer Health Information for Caregivers Including a Profile of Caregivers Caregiving Responsibilities and Concerns Tips for Specific Conditions Care Environments and the Effects of Caregiving Along with Facts about Legal Issues Financial Information and Future Planning a Glossary and a Listing of Additional Resources

On Holy Ground John Peter Sullivan,1998 Presents in depth conversations with five quite different but highly experienced and mature psychotherapists who bring their spirituality into their professional practice Interviews reveal how these therapists think about the relationship of their spiritual lives to their therapeutic work and how they actually work with that understanding in clinical circumstances Their insights anticipate and address important critiques of spirituality that come from classical psychological practice Annotation copyrighted by Book News Inc Portland OR

[Spirituality and Mental Health: Exploring the Meanings of the Term 'Spiritual'](#) Marcelo Saad,Everton Maraldi,Elaine Drysdale,2022-07-27

[Psychosis, Psychiatry and Psychospiritual Considerations](#) Brian Spittles,2022-11-29 A phenomenological and spiritual investigation of anomalous mental experiences From a psychiatric perspective psychosis is generally viewed as a psychopathological and often incomprehensible mental disorder of biological cause In his book Brian Spittles argues that this represents a rather limited view and that a psychospiritual investigation of psychosis may enable a better understanding of its nature and determinants His aim is not to negate the discipline of psychiatry but to demonstrate the viability and efficacy of incorporating psychospiritual considerations into psychosis research Within these pages Spittles challenges several core psychiatric beliefs and calls for the discipline to extend its investigative parameters beyond the limited epistemological bounds of materialism The book uses an open ended heuristic approach that enables the systematic examination and critical appraisal of views on psychosis across the materialist to metaphysical spectrum This is structured in four Focal Settings that sequentially examine the construal of psychosis within different paradigms of psychospiritual understanding which provide a historical overview of

evolving understandings of psychosis within the tradition of psychiatry in which psychospiritual matters are generally not considered

A Sourcebook for Helping People in Spiritual Emergency Emma Bragdon, Spiritual emergence Network, 1987

The Healing Power of Spirituality [3 volumes] J. Harold Ellens, 2009-12-30 This three volume set addresses how the role of spirituality and its constructive expressions in various religions and outside of formal religion enhances human personality and experience Theologian and acclaimed scholar J Harold Ellens now offers a breakthrough work on the positive impact of faith In *The Healing Power of Spirituality and Religion* an extraordinary group of scholars discuss the latest scientific research into the connection between belief and psychological and physical well being Each volume of *The Healing Power of Spirituality* focuses on a specific aspect of the scientific exploration of faith and well being volume one examines the healing power of personal spiritualities like I Ching and Transcendentalism volume two looks at the subject in the context of Christianity Judaism and other world faiths and volume three explores the psychodynamics of healing spirituality and religion including the role of biochemical and chemical reactions in heightening psychospiritual apperception 55 distinguished contributors representing numerous religious traditions research disciplines and psychospiritual perspectives from North America Latin America Africa Asia and Europe Graphic illustrations of brain functions under varied conditions with various electrical and chemical stimuli as well as a graphic depiction of personal narrative material

Beliefs Lorraine M. Wright, Wendy L. Watson, Janice M. Bell, 1996-10-31 Beliefs are the lenses through which we view the world and the blueprints from which we construct our lives At no time are family and individual beliefs more affirmed challenged or threatened than when illness emerges But some beliefs are more useful than others This is the first book to offer a specific clinical approach for examining family members beliefs and intervening in that area Drawing on disciplines ranging from religion to anthropology as well as on family therapy and psychology the authors describe their own advanced practice model Rich in clinical examples the book takes readers inside the therapeutic conversation between the clinician and family members to show the model in action By drawing forth more facilitative beliefs to cope with illness the authors uncover and expand the therapeutic possibilities for helping and healing families

Small Press Record of Books in Print

Len Fulton, 1994

Library Journal, 1997-04 Includes beginning Sept 15 1954 and on the 15th of each month Sept May a special section School library journal ISSN 0000 0035 called Junior libraries 1954 May 1961 Also issued separately

Bibliographic Guide to Psychology New York Public Library. Research Libraries, 1995

The Linacre Quarterly, 1994

The Journal of Transpersonal Psychology, 1992

Proceedings of the Twelfth International Conference on the Study of Shamanism and Alternate Modes of Healing Ruth-Inge Heinze, 1995

Bibliographic Index, 1994

Decoding **A Sourcebook For Helping People With Spiritual Problems**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**A Sourcebook For Helping People With Spiritual Problems**," a mesmerizing literary creation penned by a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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