

# HOW TO BUDGET ON A LOW INCOME



## 01 Prioritize Expenses



Always pay necessities first, including food, housing, utilities and transportation. Pay no other expenses until these are taken care of.

## 02 Cut Costs



Temporarily cut out all non-necessities such as eating out, personal spending, vacation, recreation, etc. The goal is to get caught up and a plan in place.

## 03 Set a Budget



Break the paycheck to paycheck cycle by carefully and strategically making a written budget every month before the month begins. Plan every single dollar on paper.

## 04 Use Cash to Save



Research shows when we use cash we behave differently with money. Cash budgeting is especially helpful for budget categories you tend to overspend on.

# Affordable Way To Budgeting On Low Income Software Alternatives For

**JL Elias**



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**Regulatory Program of the United States Government** United States. Office of Management and Budget,1985  
**President's Fiscal Year 2005 Budget with an Official of the U.S. Department of the Treasury** United States.  
Congress. House. Committee on Ways and Means,2004 Governor's Budget Summary ,2018 *Minnesota Biennial  
Budget* Minnesota. Office of the Governor,1998 **NCUA News** ,1993 1992-93 Proposed Biennial Budget Minnesota.  
Governor (1991-1999 : Carlson),1991 **Budget Request** Colorado. Department of Human Services,2003 **Illinois  
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web facile à faire elle est riche en vitamines en protéines et en oligo éléments elle a un apport calorique peu élevé 88 kcal 100 g et s'intègre parfaitement à un régime amaigrissant la noix de saint jacques est délicieuse dégustée crue en carpaccio ou en recette tartare