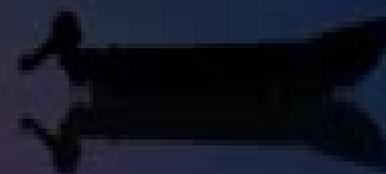
A scenic sunset over a forested valley. The sun is a bright orange orb in the center of the sky, casting a warm glow. The sky transitions from a deep orange near the horizon to a dark blue at the top. Silhouettes of evergreen trees are visible on the left and right sides. A path of light leads from the bottom center towards the sun.

Ultimate Reality is not a certain state of consciousness, no matter how wonderful or blissful. Reality is the ground of all being, unborn and undying eternity. It is as present in one experience or state of consciousness as in any other. Reality, or Truth, is that which is ultimately true in all states, at all times, in all locations.

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Blissful Reality

William Marshall



Blissful Reality:

Virtuosos of Faith LIT Verlag,2020-01-01 For over a thousand years monks nuns canons friars and others under religious vows stood at the pinnacle of Western European society For their ascetic sacrifices their learning piety and expertise they were accorded positions of power and influence and a wide range of legal financial and social privileges As such they present an important opportunity to consider the nature and dynamics of an elite in medieval culture Using medieval religious life as their interpretive lens the essays of this volume seek to uncover the essential markers of elite status They explore how those under vows claimed and manifested elite status in complex spiritual temporal and social combinations They explore the workings of elite status from day to day across region and locale who earned recognition and how whether through specific achievements or the deployment of specific capacities who recognized conferred or helped maintain elite status how and why how elite status could be redefined contested or rejected The essays also seek to understand how medieval European religious elites compared to those found in other cultures and settings from Syria and South Asia to the early modern transatlantic world

Maitripa Klaus-Dieter Mathes,2021-11-23 Maitr pa 986 1063 is one of the greatest and most influential Indian yogis of Vajrayana Buddhism The legacy of his thought and meditation instructions have had a profound impact on Buddhism in India and Tibet and several important contemporary practice lineages continue to rely on his teachings Early in his life Maitr pa gained renown as a monk and scholar but it was only after he left his monastery and wandered throughout India as a yogi that he had a direct experience of nonconceptual realization Once Maitr pa awakened to this nondual nature of reality he was able to harmonize the scholastic teachings of Buddhist philosophy with esoteric meditation instructions This is reflected in his writings that are renowned for evoking a meditative state in those who have trained appropriately He eventually became the teacher of many well known accomplished masters including Padampa Sangy and the translator Marpa who brought his teachings to Tibet Drawing on Maitr pa s autobiographical writings and literary work this book is the first comprehensive portrait of the life and teachings of this influential Buddhist master Klaus Dieter Mathes also offers the first complete English translation of his teachings on nonconceptual realization which is the foundation of Mah mudra meditation

The Message of Kabira's Bijaka R. K. Jha and Manju,2024-03-18 Kabira has been an illustrious spiritual personality who has left an indelible stamp on the course of religious and philosophical development as well as the course of social reforms in the Indian subcontinent He was equally praised by both the Hindus and the Muslims This work seeks to bring out the depth and richness of his thoughts and teachings with reference to the Bijaka which is an authoritative compilation of his thoughts The multi faceted richness of his personality as a saint philosopher and social reformer has been minutely analysed and highlighted in this work This work would surely be of great interest for anyone interested in philosophy religion spirituality mysticism and social reforms

Don't Just Ask, Become the Answer: Osho's Definitive Responses to Life's Greatest Questions ABHIJEET SARKAR,2025-07-22 Don t Just Ask Become the Answer

Osho's Definitive Responses to Life's Greatest Questions by Abhijeet Sarkar CEO a transformation in your own consciousness is the only key Inside you will discover The difference between your authentic self and the personality you've been conditioned to be Why the constant search for happiness is the primary cause of your unhappiness How to transform the destructive energies of anger jealousy and fear into creativity and compassion The secret to a conscious relationship moving beyond the pain of attachment and expectation The path to finding fulfilling work that is an expression of your soul not just a means of survival A new perspective on life death and karma that liberates you from fear and guilt The true meaning of meditation not as a technique but as a state of being Authored by a mind dedicated to understanding the nature of intelligence itself this book offers a unique and powerful synthesis Abhijeet Sarkar provides a clear contemporary lens through which to access Osho's most profound and life altering wisdom If you are ready to stop being a seeker and start being a finder if you are tired of collecting answers and are ready to become the answer yourself your journey begins now Don't just read another book Start a new life Scroll up and click Buy Now to unlock the door to your own inner truth

Talks on the Life Divine Volume 1 M.P. Pandit, Sri Aurobindo's magnum opus The Life Divine is considered to be one of the premier philosophical expositions covering the meaning and significance of human life the role of the individual and the structure and operation of the universal creation In its more than 1000 pages a wide variety of themes and subjects have been covered Sri M P Pandit was secretary to the Mother of the Sri Aurobindo Ashram and a long time disciple prolific author and exponent of Sri Aurobindo's teachings These talks were given to introduce various topics covered in The Life Divine during the year 1977 at the author's residence

Wisdom Is Bliss Robert Thurman, 2021-08-03 Robert Thurman is a living treasure one of today's most provocative spiritual thinkers Daniel Goleman author of Emotional Intelligence Robert Thurman the preeminent scholar and interpreter of Tibetan Buddhist philosophy for the modern world leads us on a joyful exploration into the nature of reality through Buddha's threefold curriculum of super education Buddha had to be an educator rather than a prophet or religion founder since he had achieved his goal of exact and complete understanding of reality by using reason experiments to open his own mind and vision to do so Thurman writes From his own experience he could help others as a teacher by streamlining the process He could not just transplant his realization into their minds They could not get their own realizations just by believing whatever he said He could only provide them with a prospect of full realization along a path of learning and experiencing they could follow they would have to travel on their own This book is your invitation to travel that same road Deeply felt and bracingly direct it doesn't teach about the teaching it is the teaching Get ready to get real and have fun along the way as you chart a path to reliable lasting happiness

Sounds of Innate Freedom Karl Brunnhölzl, 2024-06-04 A paragraph on the series Sounds of Innate Freedom The Indian Texts of Mah mudr is an historic five volume series containing many of the first English translations of the classic mah mudr literature The texts and songs in these volumes are excerpted from the large compendium of texts called The Indian Texts of the Mah mudr of

Definitive Meaning compiled by the Seventh Karmapa Ch tra Gyatso 1456 1539 In its modern Tibetan edition this collection consists of five volumes containing seven kinds of texts the An vilatantra as a tantric source of Mah mudr attributed to the Buddha himself and its commentary songs of realization doh cary g ti and vajrag ti commentaries on songs of realization and other texts independent tantric treatises nontantric treatises edifying stories and doxographies presenting hierarchies of different Buddhist and non Buddhist philosophical systems The collection offers a brilliant window into the richness of this vast ocean of Indian Mah mudr texts in the Kagy tradition as well as a clear view of the sources of one of the world s great contemplative traditions It is for meant for anyone who appreciates Buddhist literature and Buddhist tantric practice Reading these songs and texts that express the inexpressible and contemplating their meaning in meditation will open doors to experience and possibly even awakening just as they did for practitioners in the past Description of volume 5 Volume 5 most closely follows Luminous Melodies and contains the most versified songs of realization consisting of doh s couplets vajrag tis vajra songs and cary g tis conduct songs all luminously expressing the inexpressible as well as commentary The doh lineage in tantric Buddhism began when Saraha known as the Great Brahmin started singing songs of realization to his disciples the royal family and the people of the kingdom Since then the great Mah mudr siddhas have continued to express their realization and instructions to their disciples in pithy songs composed and sung spontaneously These songs display a vast range of styles themes and metaphors providing readers a feast offering of profound pith instructions of great power that were uttered by numerous male and female mahasiddhas siddhas yog s and kin s often in the context of ga acakras and initially kept in their secret treasury This volume can stand on its own at the same time as it provides a taste of the entire collection offering a window into the richness of this vast ocean of Indian Mah mudr texts in the Kagy tradition The majority of songs and their commentaries are translated for the first time into English by Karl Brunnh lzl brilliantly capturing the wordplay mystical wonder bliss and ecstatic sense of freedom expressed by awakened Mah mudra masters of India such as Saraha L hipa K a alias K hapa Jaganmitr nanda alias Mitrayog Vir pa Tilopa N ropa Maitr pa N g rjuna the female mah siddhas princess Lak m kar and ombyogin as well as many otherwise unknown figures of this rich Buddhist tradition Karl Brunnh lzl s learned and lucid introduction situates the songs in their social religious and literary context Mah mudr refers to perfect buddhahood in a single instant the omnipresent essence of all phenomena that is nondual and devoid of all obscurations Reading these songs that express the inexpressible and contemplating their meaning in meditation will open doors to experience and possibly even awakening just as they did for practitioners in the past For besides the officially recognized mah siddhas there were many other varieties of practitioners and many lived and taught outside of the framework of institutionalized Buddhism in their time evidence that the teachings and the path of mah mudr are accessible to and can be practiced by anyone from any walk of life whether a king a servant in a brothel or a housewife often without having to renounce their day jobs

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