



# Coffee Tea Chocolate And The Brain

**Yan Bai**



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of carrot juice enhances the overall carrot flavor sweating the aromatics softens them and releases their allium flavors  
puréeing the soup with butter produces a rich silky texture

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web jan 8 2020 add diced onion celery and sliced carrots and cook 6 8 min add minced garlic salt and black pepper and  
cook another minute add chicken broth and simmer partially covered 20 25 min until carrots are soft puree soup in batches  
in a blender or use an immersion blender

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