

A man in athletic wear is running at night. He is wearing a dark tank top and shorts. A dog is running alongside him to the right. The background is dark with some blurred lights.

# Athletic Forever

THE KERLAN-JOBE  
ORTHOPAEDIC CLINIC  
PLAN FOR LIFETIME FITNESS

Frank Jobs, M.D., Neal ElAttrache, M.D.,  
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Forewords by Maggie Johnson and Tommy Lasorda

# Athletic Forever

**Marco Cascella**



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