

ALZHEIMER'S ESSENTIALS

Practical Skills for Caregivers

*Easily & Quickly Learn
to Plan for the Future,
Talk to Your Doctor,
Manage Difficult Behaviors,
Understand the Disease
& Coping Skills*

*---a "MUST READ" for
every Alzheimer's family.*

Gary Small, MD

Director, BCJA Center on Aging

Author: The Memory Bible & The Memory Prescription

BRETTEEN C. GORDEAU AND JEFFREY HILLIER, PHD

Alzheimers Essentials

Adrienne Wilmoth Lerner



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