

THE WAYS ALLERGENS CAN ENTER THE BODY

What is an Allergy?

An allergy is when a person's immune system reacts to triggers (allergens) that the person is hypersensitive to and is usually harmless to most other people. Symptoms of an allergy can range from mild to potentially life-threatening (severe). It occurs when the body mistakes something as harmful and creates a defence system (antibodies) to fight it.

The ways allergens can enter the body



Ingested
(most common,
in the mouth)



Inhaled
(breathed in)



Injected
(bees, wasps, ants
or medication)



Absorbed
(through touching
the skin)

Allergies A First First

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