

# What happens to your lungs when you have asthma



## LUNG WITHOUT ASTHMA

- Muscles relaxed
- Normal airways
- Normal amount of mucus

## LUNG WITH ASTHMA

- Muscles tighten
- Airways swell
- Mucus clogs the airways
- Lungs have difficulty moving air in and out



# Asthma And What You Can Do About It

**L Towne**



## **Asthma And What You Can Do About It:**

## **Asthma And What You Can Do About It** Book Review: Unveiling the Magic of Language

In a digital era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Asthma And What You Can Do About It**," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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