

# Asthma treatment levels for adults and adolescents



ICS: inhaled corticosteroids  
LABA: long-acting beta<sub>2</sub> agonist  
LAMA: long-acting muscarinic antagonist  
SABA: short-acting beta<sub>2</sub> agonist



Before stepping up, check that:

- symptoms are due to asthma
- inhaler technique is correct
- adherence is adequate



Consider stepping up if good symptom control is not achieved despite good adherence and correct inhaler technique



When asthma is stable and well controlled for 2-3 months, consider stepping down



Consider switching to reduce severe exacerbation risk

# Asthma Handbook

**Emilie Sanchez**



## **Asthma Handbook:**

## The Enigmatic Realm of **Asthma Handbook**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing short of extraordinary. Within the captivating pages of **Asthma Handbook** a literary masterpiece penned by a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting affect on the hearts and minds of those who partake in its reading experience.

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