

# Deconstructing Emotion Regulation in Schizophrenia: The Nature and Consequences of Positive Emotion Up-Regulation Abnormalities

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## Abstract

Many forms of psychopathology display abnormalities in down-regulating negative affect (NA). In schizophrenia (SZ), these abnormalities occur at all stages of emotion regulation (identification, selection, implementation) and the nature of these impairments predicts individual differences in clinical presentation. While NA down-regulation is important, regulatory goals can also focus on up- or down-regulating positive affect (PA). It is unclear whether the same pattern of abnormalities observed for NA down-regulation also occurs for PA regulation and whether it predicts negative symptoms (e.g., anhedonia). The current study used ecological assessment (EMA) to examine PA regulation abnormalities in SZ in real-world contexts. Participants included 39 outpatients diagnosed with SZ and 34 healthy controls (CN) who completed 6 days of EMA surveys assessing NA, PA, emotion regulation, and anhedonia. PA down-regulation rates were similarly low in both groups. The intensity of PA did not interact with group for identification rate, strategies selected, or implementation effectiveness, suggesting that PA up-regulation was relatively normal in SZ. However, the intensity of NA predicted the need to up-regulate PA, suggesting that regulation of PA was initiated in response to NA. Further, this relationship differed between the groups such that SZ regulated PA more frequently and with more effort at lower levels of NA. Yet, these regulatory attempts were ineffective at decreasing the severity of anhedonia, and SZ were less effective than CN at decreasing the intensity of NA. Overall, the pattern of emotion regulation abnormalities observed in SZ differs based upon regulatory goals. Abnormalities in regulating NA may be more central to psychopathology in SZ than abnormalities in PA.

**Keywords:** Psychosis, Emotion Regulation, Identification, Selection, Implementation, Negative Symptoms

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## Introduction

Abnormalities in using emotion regulation strategies to down-regulate negative affect (NA) are observed in many forms of psychopathology (Aldao et al., 2010). James Gross' Extended Process Model is a helpful framework for characterizing the nature of these abnormalities and identifying their underlying mechanisms (J. J. Gross, 2015). This model proposes the existence of separate, but interactive, systems for emotion generation and regulation. Briefly, a first-order emotion generation system is activated that unfolds over a four component cycle (World, Perception, Valuation, Action). When there is a discrepancy between the current affective state and the desired state, a second-order emotion regulation system may be activated to change the frequency, intensity, or duration of emotional experience. This second-order system occurs over three sequential stages: identification (detecting an emotion and determining whether to regulate or not), selection (choosing a strategy that is contextually appropriate), and implementation (executing the selected strategy). Abnormalities at any of these stages

# Deconstructing Schizophrenia

**Thaker**



## **Deconstructing Schizophrenia:**

*Deconstructing Psychosis* Carol A. Tamminga, Paul J. Sirovatka, Darrel A. Regier, Jim van Os, 2009-08-11 *Deconstructing Psychosis Refining the Research Agenda for DSM V* provides an all important summary of the latest research about the diagnosis and pathophysiology of psychosis This volume gives the reader an inside look at how psychotic phenomena are represented in the current diagnostic system and how DSM V might better address the needs of patients with such disorders The book presents a selection of papers reporting the proceedings of a conference titled *Deconstructing Psychosis* convened by the American Psychiatric Association APA in collaboration with the World Health Organization WHO and the U S National Institutes of Health NIH The conference was designed to be a key element in the multiphase research review process for the fifth revision of DSM This book is one in a series of ten that reflects some of the most current and critical examinations of psychiatric disorders and psychotic syndromes APA published the fourth edition of DSM in 1994 and a text revision in 2000 DSM V is scheduled for publication in 2013 *Deconstructing Psychosis Refining the Research Agenda for DSM V* examines the current evidence regarding the diagnosis and pathophysiology of common psychotic syndromes including Schizophrenia Bipolar disorder Major depressive psychosis Substance induced psychosis It also addresses broad issues relating to diagnosis such as the ways in which psychosis cuts across multiple diagnostic categories Beyond merely summarizing the current state of the science the authors of these papers critique the current research and clinical evidence and raise questions about gaps in our knowledge The book provides recommendations for the most promising areas of research in psychosis which may lead to more refined treatments based on a better understanding of what biological and environmental factors contribute to its development and symptoms In the learned editors selection of papers for inclusion in this volume they have exhibited their conviction that DSM V is a living document that will reflect the pace of progress in multiple areas ranging from molecular genetics and brain imaging to social behavioral and anthropological science As a book on the narrowly defined topic of linking the classification of psychotic syndromes with their underlying pathophysiology and potential etiology there is no other writing of comparable content available today

**Deconstructing Schizophrenia** Jan Dirk Blom, 2003

**Deconstructing Schizophrenia** Michael P. Fleming, 2012 The schizophrenia syndrome was developed with the aim of distinguishing between those people that have the syndrome and those people that do not and between those people with the syndrome and those people with other distinct syndromes The basis for syndromes to be recognised is that they are made up of symptoms unique to that syndrome and that the pattern between those symptoms determines onset course and prognosis Valid syndromes are then used to identify the disease agent that causes these symptoms to occur and vary together Once a disease agent is identified it is possible to develop treatments that eliminate the disease agent In the hundred years since its development the schizophrenia syndrome has failed to deliver these expected outcomes Problems remain regarding reliability of diagnosis aetiology and the effective treatment Despite these shortcomings the Syndrome Model of

schizophrenia continues to have a monopoly in terms of research into aetiology and dominates clinical practice It has failed to establish a cause and leading biological researchers have acknowledged this deficit The reason for these deficits is a flaw in the validity of the syndrome Poor validity is inferred by the lack of uniqueness of symptoms and variations in symptoms across different populations One of the main principles that protect syndrome validity is the notion of discontinuity In order for a syndrome to make a distinction between those with the syndrome and those that do not a discontinuum between these two groups is required If a syndrome is not supported by this discontinuum this would seriously impinge on its ability to effectively function as syndrome and would account for the deficiencies noted above Compelling evidence is emerging that members of the general population experience the symptoms of psychosis Studies have found that the prevalence of auditory hallucinations and delusions are experienced in rates higher than those found in clinical populations This is evidence that would suggest a Severity Continuum of Psychosis exists rather than the assumed discontinuum *Schizophrenia Bulletin*,2007

**Deconstructing the Identity of "mental illness"** Yvonne Michelle Kline,2006

**Biomarkers in Psychiatry** Judith Pratt,Jeremy Hall,2019-01-05 This volume addresses one of the Holy Grails in Psychiatry namely the evidence for and potential to adopt Biomarkers for prevention diagnosis and treatment responses in mental health conditions It meshes together state of the art research from international renowned pre clinical and clinical scientists to illustrate how the fields of anxiety disorders depression psychotic disorders and autism spectrum disorder have advanced in recent years *Year in Schizophrenia Volume 2* Thaker,2009 Schizophrenic disorders of which at least five separate kinds are now recognised remain difficult to diagnose and still harder to treat This second volume reviews the most important work published in the last year with expert comment and analysis from two of the leading authorities in the field The editors review the latest advances in our understanding of the biochemical basis of the disease its detection and diagnosis and its relationship to other co existent mental illness There is up to date coverage of psychopharmacological agents and expert comment on recent advances in neurological aspects In addition this volume also includes discussion of cognitive and negative symptoms therapies and psychosocial treatments The Year in Schizophrenia enables the reader to keep up to date with the therapeutic options available and maintain a better informed perspective on current opinion It should find a place in the office of every doctor involved in the study and treatment of this complex and challenging disorder

**BENEFITS Evaluation and critical appraisal of the full range of published literature in the field Key papers for practice identified and summarised Single user friendly volume Draws on the experience of leading authorities**

**Behavioral Mechanisms and Psychopathology** Kurt Salzinger,Mark R. Serper,2009 Mental health diagnosticians face a great challenge when exploring the presenting symptom of aberrant behavior particularly in tracing such behavior to its source and especially when such aberrant behavior involves no obvious biological site In short reliance on biological causes alone may be necessary to explain some aberrant behavior but it is in any case not sufficient The identification of the offending behavior alone is not sufficient either We need to identify

the variables that control it For this purpose we need to examine the behavioral mechanisms underlying the various behavioral disorders Behavioral mechanisms fundamentally elucidate the nature of the psychopathology Whether to enhance theoretical understanding or improve clinical efficacy emotional and behavioral problems must be understood in terms of the controlling variables the behavioral mechanisms

The Deconstructive Owl of Minerva Lillian Francis Burke,2013-10-03  
The Deconstructive Owl of Minerva An Examination of Schizophrenia through Philosophy Psychoanalysis and Postmodernism takes as its project the articulation of the language of schizophrenia as it inscribes itself between the self and other It takes into account Georg W F Hegel s account of self consciousness as a master slave relation A reading of Jacques Lacan provides access to the narrative self in terms of the mirror stage as the recognition of the self as other By a further reading of postmodern theorists this book shows that what has been named schizophrenia calls for a deconstructive strategy that operates with the divergence between pharmacological treatment and the understanding of the language of the schizophrenic condition This difference will emphasize language as plural plurivalent polyphonic and polylogical This book essentially seeks to circumvent the label of schizophrenia and to provide alternative ways to understand schizophrenic language in order to culturally rearticulate its effects in society Postmodern and deconstructive modes of access to the languages of desire dispersal and plurivalence that are associated with schizophrenic conditions can help to open up spaces of understanding that are rendered impossible through symptomatic treatment models

*New Research on Short-term Memory* Noah B. Johansen,2008 Short term memory sometimes referred to as primary working or active memory is said to hold a small amount of information for about 20 seconds Estimates of short term memory capacity vary from about 3 or 4 elements i e words digits or letters to about 9 elements a commonly cited capacity is 7 2 elements In contrast long term memory indefinitely stores a seemingly unlimited amount of information Short term memory can be described as the capacity or capacities for holding in mind in an active highly available state a small amount of information The information held in short term memory may be recently processed sensory input items recently retrieved from long term memory or the result of recent mental processing although that is more generally related to the concept of working memory This book presents the latest research in the field from around the world

*A Sociology of Mental Health and Illness* David Pilgrim,Anne Rogers,1993 The revised edition of this best selling book provides a clear overview of the major of the of mental aspects sociology health and illness As well as drawing upon a range of social theories and methods to illustrate its points it provides the reader with information which is organized along dimensions of class gender race and age The mental health professions are critically analysed and long standing debates about the role of legalism explored Organisational aspects of psychiatry are examined as well as the growing relevance of community mental health work The book ends with a discussion of the various ways in which psychiatric patients and their relatives can be understood in their social context

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range of authors with great skill and sensitivity Terry Eagleton Canadian Journal of Psychiatry ,2009 Journal of Education for Social Work ,2001 **Science** John Michels (Journalist),2003 A weekly record of scientific progress

Approaches to Psychology William E. Glassman, Marilyn Hadad,2004 This revised and expanded edition of Approaches to Psychology builds on the wide appeal of the earlier editions It explains what the discipline of psychology is how it developed and how it contributes to the understanding of human behaviour and experience This book introduces students to the five major conceptual frameworks or approaches to psychology biological behaviourist cognitive psychodynamic and humanistic The methods theories and assumptions of each approach are explored so that the reader builds an understanding of psychology as it applies to human development social and abnormal behaviour Book jacket **Recent Research in Personality Disorders** Joel Paris,2008 This issue on Recent Research on Personality Behaviors discusses diagnosis epidemiology etiology outcome and treatment for these perplexing disorders Topics include Diagnosis Dimensional diagnosis for PDs Improving categorical diagnosis of PDs Separating traits from personality disorders Epidemiology The community prevalence of PDs The clinical prevalence of PDs Etiology Genetics of PDs Neurobiological and imaging studies The neurobiology of psychopathy Child development and PDs Outcome The long term outcome of PDs Mechanisms of recovery in PDs Treatment Pharmacological and psychotherapeutic treatments Managing suicidality Future directions in PD research

**The American Journal of Psychiatry** ,2009 **Practice Issues for Clinical and Applied Psychologists in New Zealand** Harry Love, William Whittaker,1997 **The Dialectics of Schizophrenia** Philip Thomas,1997 Defining the nature of schizophrenia continues to be one of the central challenges left to psychiatry and medical science The Dialectics of Schizophrenia summarizes the various approaches and points up their weaknesses and strengths

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