

# CAUSES OF INDIGESTION

There are many different factors that can cause indigestion. For example, patients may develop it if they eat large amounts of food at a fast pace, especially spicy, fatty or greasy food. Medications, stress or drinking too much alcohol or caffeine may also cause it.

## Digestive Conditions

It may also be a result of specific health conditions or illnesses that affect the digestive tract, such as:

- Gallstones
- Pancreatitis
- Acid Reflux
- Peptic Ulcer Disease
- Gastritis
- Lactose Intolerance
- Stomach Cancer
- Irritable Bowel Syndrome
- Anxiety and Depression

## Functional Dyspepsia

Functional dyspepsia is indigestion unrelated to a stomach ulcer. It is common and it can last for long periods of time. Patients with recurring indigestion experience repeated signs and symptoms without any definite causes. However, it may be related to inflammation in the small intestine, psychological conditions, sensitivity to stomach acid or gastroparesis. In some cases, it may be a result of *H. pylori* infection, *Salmonella*, *E. coli* or norovirus.



# Digestion And Dyspepsia

**CO Houle**



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कौन बनेगा करोपति kbc or kbc hindi is an indian television quiz show one of 9 indian versions based off from the british game show

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