

DIET DECISIONS

for Latter-day Saints

by Joyce Kinmont

The Word of Wisdom?

Daniel's diet?

fruits, vegetables and grains?

juicing?

enzymes?

conspiring men?

meat, milk and cheese?

hormones, behavior, depression?

Prozac and Ritalin?

vaccinations?

The Fifth Happiness?

The Millennial Diet?

Diet Decisions for Latter-day Saints

Joyce Kinmont

Diet Decisions For Latterday Saints

**United States. Congress. Senate.
Select Committee on Nutrition and
Human Needs**

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