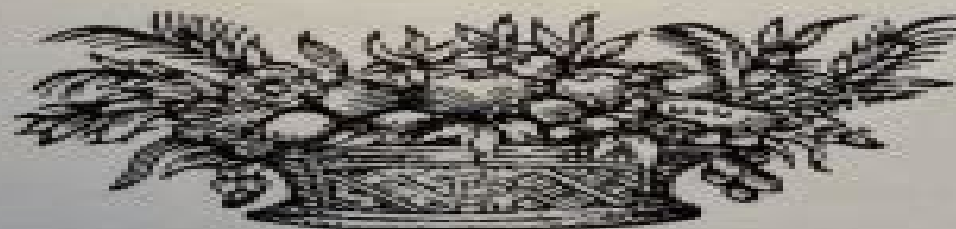


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on the ART of EATING  
together with the  
Rules of HEALTH and *Long Life*  
and the  
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# Benjamin Franklin On The Art Of Eating

**JL Elias**



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