

What Does "Motivation" Really Mean? An Example From Current Engineering Education Research

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***Abstract:** Motivation is a popular research construct in engineering education but it is not always clear what is meant by "motivation". The current engineering education literature surrounding motivation is largely exploratory or without a theoretical framework. This paper highlights the potential value of motivational frameworks in engineering education research in two ways. First, this paper introduces the rich history of theoretically grounded motivational research within the field of educational psychology and draws connections to potential research areas within engineering education. Second, this paper provides a practical example illustrating how one particular theoretical framework of achievement motivation, Eccles' expectancy-value theory, informed the design and data analysis of a study related to persistence. The qualitative, longitudinal study examined ten engineering students' perceptions of themselves as future engineers, their achievement-motivation beliefs in pursuing engineering, and how these perceptions and beliefs changed from the first to the fourth year of college.*

Introduction

The term "motivation" is used frequently in engineering education research. In many cases the existing research is largely exploratory and without a theoretical framework. Connection to theoretical frameworks is an important part of advancing the quality of research in any field and has recently been highlighted as a need in the emerging field of Engineering Education (Borrego, 2007b) and in related fields such as Computer Science (Singh, Allen, Scheckler, & Darlington, 2007). This paper seeks to highlight the value of motivational frameworks in engineering education research by 1) introducing the rich history of motivational research within the field of educational psychology, and by 2) showing how research in engineering can connect to and expand this research heritage using an example from current engineering education research.

Motivational Theory Within Educational Psychology

As a construct within educational psychology, motivation, or achievement motivation, directly connects to theories that attempt to explain action in terms of an individual's beliefs, values and goals (Eccles & Wigfield, 2002). Eccles, Wigfield and Schiefele (1998) define achievement motivation as "the motive related to performance on tasks involving standards of excellence" (page 1017). Achievement motivation is what prompts individuals to engage or not engage in tasks or activities such as studying for exams or earning a college degree. Achievement motivational theories attempt to explain these choice processes. Engineering education research could benefit from connecting to and building upon these existing theories, which are extensively used in educational and developmental psychology research. In a review of current motivational theories, Eccles and Wigfield (Eccles &

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