

HOW TO SURVIVE

A GUIDE TO LIVING THROUGH THE APOCALYPSE



MIND SET

Prepare
Learn principles
Be ready for adventure
Conserve energy
Adapt



FIND OR MAKE SHELTER

Main beam strong enough to take weight
Place sticks covering side 5 degree pitch of roof to shed rain
Insulate two feet thick using available materials
Construct around body so it's snug



WATER

Be certain it's contaminant free
Harvest rain or dew
Dig for ground water
Tap birch or maple trees
Filter / purify / boil
Use a solar still to distill water



GATHER FIREWOOD

Gather fire making materials first
Dead wood still in the tree is best
Fluffy tinder / kindling: matchstick thin, pencil thin, finger thickness
Birch bark burns even when wet
If wet scrape outside layer off and feather inner parts
Lay fire in tee shape or cross fire shape



FIRE MAKING PRINCIPLES

Spark: flint and steel / a fire stone
Chemical reactions: S. Potassium permanganate
Friction: bow drill / hand drill
Electricity: spark from shorting out a battery (3x and above)
Focus light: lens / parabolic / base of a drink can polished
Compression / fire piston



FOOD

Seeds, roots and 1000's species of edible grass (if any toxic)
leaves are edible but cellulose indigestible so cook instead
Inner bark of pine / birch edible / acorns boiled
Insects if cooked are edible as cooking kills parasites
All creatures edible but if mungy or diseased leave alone
Fish if water quality is ok (Frogs are sensitive to pollutants)
avoid mushrooms unless 100% certain



CORDAGE

Look for long plant fibres on stalky plants like nettles
The inner bark of many trees
Vine bark or some vines as they are
Some long strong leaves and some grasses



TOOLS

Look for long plant fibres on stalky plants like nettles
The inner bark of many trees
Vine bark or some vines as they are
Some long strong leaves and some grasses



CAMOUFLAGE

Dull the skin use dust
Apply darker patches to skin or clothes
Charcoal and mud work well
Add local foliage
Match scent to the environment
Use peripheral vision



HUNTING

Find a short stick or stone to throw at game
Place feet carefully to minimise sound
Sit tight near fresh tracks or animal signs
Set simple traps like snares
Eat, skin and cook



HELL

SURVIVAL IS EVERYTHING!

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Apocalypse Survival Guide

D Kirk



Apocalypse Survival Guide:

Apocalypse Survival Guide Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Apocalypse Survival Guide**," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound affect our existence. Throughout this critique, we shall delve to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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