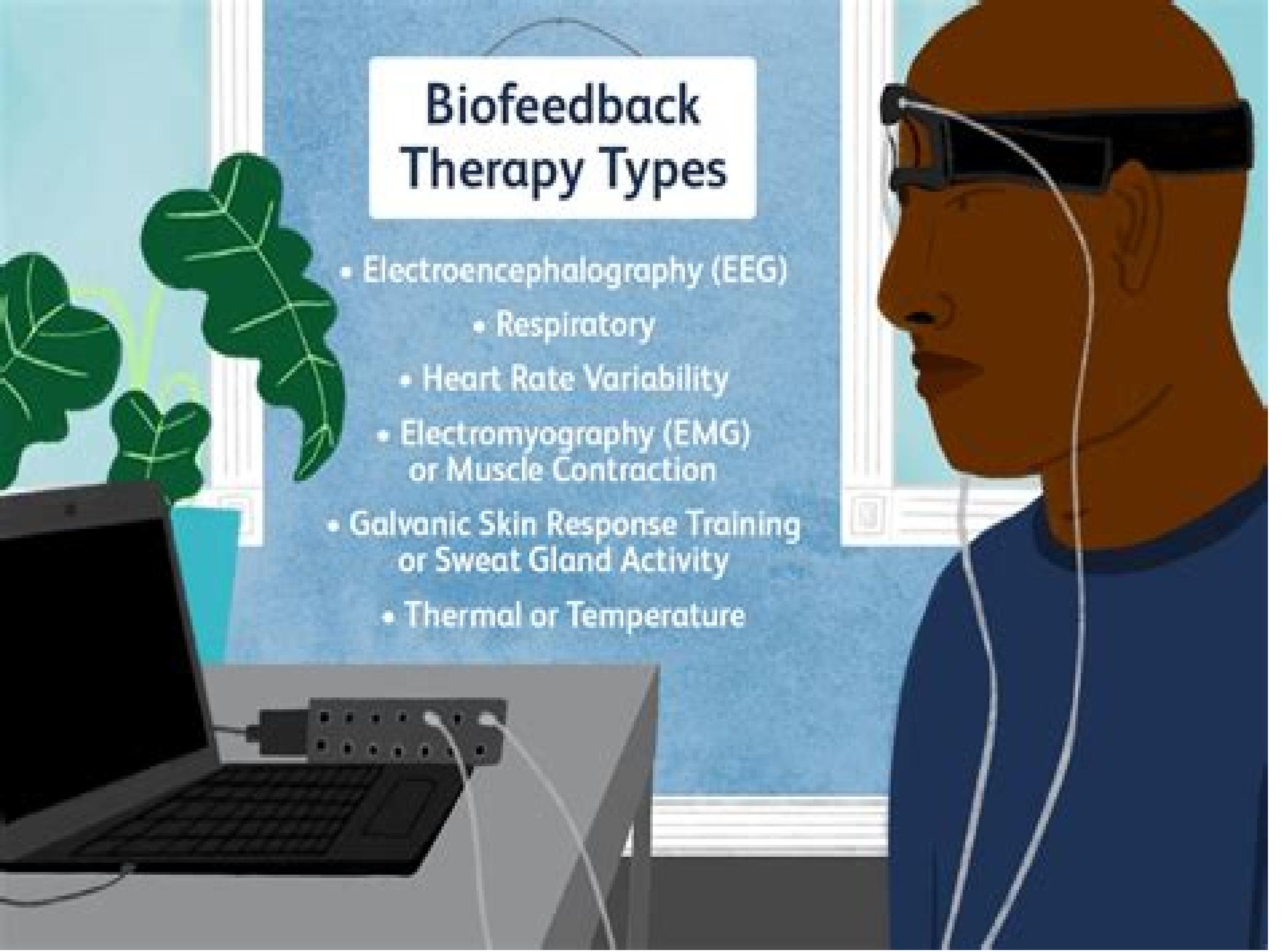


# Biofeedback Therapy Types

- Electroencephalography (EEG)
  - Respiratory
  - Heart Rate Variability
- Electromyography (EMG) or Muscle Contraction
- Galvanic Skin Response Training or Sweat Gland Activity
- Thermal or Temperature



# Biofeedback And Behavior

**RJ Alexander**



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