

# The Ultimate Study Guide

EMERGENCY MEDICAL SERVICES (EMS) AND PUBLIC SAFETY TRAINING



## EKG Anatomy



**WAVE:** Represents the electrical activity of the SA node. It is the first wave to appear on the EKG tracing. It is a small, upright wave that is most prominent in leads I, II, and aVL.

**QRS COMPLEX:** Represents the electrical activity of the ventricles. It is the largest wave on the EKG tracing. It consists of three waves: the Q wave (a small, deep, narrow wave), the R wave (a tall, narrow wave), and the S wave (a small, deep, narrow wave).

**T WAVE:** Represents the electrical activity of the ventricles during repolarization. It is a wave that follows the QRS complex. It is a tall, narrow wave that is most prominent in leads V4, V5, and V6.

## EKG Rhythms

- Normal Sinus Rhythm:** Regular rhythm with a rate of 60-100 bpm. P waves are present before each QRS complex.
- Sinus Bradycardia:** Regular rhythm with a rate less than 60 bpm.
- Sinus Tachycardia:** Regular rhythm with a rate greater than 100 bpm.
- Sinus Arrest:** A pause in the regular rhythm where a P wave is missing.
- Sinus Exit Block:** A pause in the regular rhythm where a P wave is missing and the rhythm resumes with a normal P wave.
- First Degree AV Block:** A regular rhythm with a prolonged PR interval.
- Second Degree AV Block Type I (Mobitz I):** A regular rhythm with a prolonged PR interval that gradually lengthens until a QRS complex is dropped.
- Second Degree AV Block Type II (Mobitz II):** A regular rhythm with a normal PR interval and a dropped QRS complex.
- Third Degree AV Block:** A regular rhythm with a normal PR interval and a dropped QRS complex.
- Bundle Branch Block:** A regular rhythm with a normal PR interval and a widened QRS complex.
- Left Bundle Branch Block:** A regular rhythm with a normal PR interval and a tall, narrow R wave.
- Right Bundle Branch Block:** A regular rhythm with a normal PR interval and a deep, narrow S wave.
- Complete Heart Block:** A regular rhythm with a normal PR interval and a dropped QRS complex.
- Accelerated Junctional Rhythm:** A regular rhythm with a rate of 70-100 bpm and a narrow QRS complex.
- Accelerated Idioventricular Rhythm:** A regular rhythm with a rate of 70-100 bpm and a wide QRS complex.
- Idioventricular Rhythm:** A regular rhythm with a rate of 40-60 bpm and a wide QRS complex.
- Ventricular Tachycardia:** A regular rhythm with a rate greater than 100 bpm and a wide QRS complex.
- Ventricular Fibrillation:** An irregular rhythm with a rate greater than 100 bpm and a wide QRS complex.
- Atrial Fibrillation:** An irregular rhythm with a rate greater than 100 bpm and a narrow QRS complex.
- Atrial Flutter:** A regular rhythm with a rate greater than 100 bpm and a narrow QRS complex.
- Supraventricular Tachycardia:** A regular rhythm with a rate greater than 100 bpm and a narrow QRS complex.
- Wenckebach:** A regular rhythm with a normal PR interval and a dropped QRS complex.
- Asystole:** A flat line on the EKG tracing.



## Electrical Therapy Basics



- Defibrillation:** The application of electrical energy to the heart to restore a normal rhythm.
- Synchronized Cardioversion:** The application of electrical energy to the heart to restore a normal rhythm.
- Transcutaneous Pacing:** The application of electrical energy to the heart to restore a normal rhythm.

## Airway Management



- Oral Airway:** A device used to maintain the airway in a patient who is unconscious.
- Nasopharyngeal Airway:** A device used to maintain the airway in a patient who is unconscious.
- Endotracheal Intubation:** A procedure used to insert a tube into the trachea to maintain the airway.

## Post-Resuscitation Care



- Follow the ABCs:** Airway, Breathing, Circulation.
- Monitor:** Monitor vital signs and oxygen saturation.
- Temperature:** Monitor body temperature.
- Fluids:** Administer fluids as ordered.
- Medications:** Administer medications as ordered.
- Documentation:** Document all care provided.

## Acute Coronary Syndromes (ACS)

- Unstable Angina:** Chest pain that is not relieved by rest or nitroglycerin.
- ST Segment Elevation MI (STEMI):** A type of heart attack where the ST segment is elevated.
- Non-ST Segment Elevation MI (NSTEMI):** A type of heart attack where the ST segment is not elevated.



## Stroke Assessment and Treatment

- Recognize and Treat the Signs and Symptoms of Stroke:** FAST (Face, Arm, Speech, Time).
- Administer Aspirin:** Administer aspirin as ordered.
- Administer TPA:** Administer TPA as ordered.
- Administer Oxygen:** Administer oxygen as ordered.
- Administer Blood Pressure Medication:** Administer blood pressure medication as ordered.

## Code Termination

- Consult with Medical Director Before Code Termination:** Consult with the medical director before terminating a code.
- Document:** Document all care provided.

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web les masques de nuit hydratent nourrissent et redonnent éclat et vitalité aux peaux ternes et fatiguées contrairement à un

masque visage jour le masque de nuit pose pendant

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web les masques de la nuit sont une organisation récente fondée en 1353 cv par un sorcier doppelgänger connu sous le nom de sans visage qui était à la tête d'une bande