

# Handbook of Quantitative Ecology

JUSTIN KITZES



# A Bibliography Of Quantitative Ecology

**Katrin Zwirgmaier**



## **A Bibliography Of Quantitative Ecology:**

Getting the books **A Bibliography Of Quantitative Ecology** now is not type of inspiring means. You could not solitary going later than book hoard or library or borrowing from your associates to entre them. This is an unquestionably easy means to specifically get lead by on-line. This online proclamation A Bibliography Of Quantitative Ecology can be one of the options to accompany you later than having supplementary time.

It will not waste your time. understand me, the e-book will completely freshen you additional issue to read. Just invest little epoch to entre this on-line publication **A Bibliography Of Quantitative Ecology** as capably as review them wherever you are now.

[https://gandalf.roeckerfam.com/About/virtual-library/Download\\_PDFS/burmese%20buddhist%20sculpture%20the%20johan%20moger%20collection.pdf](https://gandalf.roeckerfam.com/About/virtual-library/Download_PDFS/burmese%20buddhist%20sculpture%20the%20johan%20moger%20collection.pdf)

## **Table of Contents A Bibliography Of Quantitative Ecology**

1. Understanding the eBook A Bibliography Of Quantitative Ecology
  - The Rise of Digital Reading A Bibliography Of Quantitative Ecology
  - Advantages of eBooks Over Traditional Books
2. Identifying A Bibliography Of Quantitative Ecology
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an A Bibliography Of Quantitative Ecology
  - User-Friendly Interface
4. Exploring eBook Recommendations from A Bibliography Of Quantitative Ecology
  - Personalized Recommendations
  - A Bibliography Of Quantitative Ecology User Reviews and Ratings

- A Bibliography Of Quantitative Ecology and Bestseller Lists
- 5. Accessing A Bibliography Of Quantitative Ecology Free and Paid eBooks
  - A Bibliography Of Quantitative Ecology Public Domain eBooks
  - A Bibliography Of Quantitative Ecology eBook Subscription Services
  - A Bibliography Of Quantitative Ecology Budget-Friendly Options
- 6. Navigating A Bibliography Of Quantitative Ecology eBook Formats
  - ePub, PDF, MOBI, and More
  - A Bibliography Of Quantitative Ecology Compatibility with Devices
  - A Bibliography Of Quantitative Ecology Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of A Bibliography Of Quantitative Ecology
  - Highlighting and Note-Taking A Bibliography Of Quantitative Ecology
  - Interactive Elements A Bibliography Of Quantitative Ecology
- 8. Staying Engaged with A Bibliography Of Quantitative Ecology
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers A Bibliography Of Quantitative Ecology
- 9. Balancing eBooks and Physical Books A Bibliography Of Quantitative Ecology
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection A Bibliography Of Quantitative Ecology
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine A Bibliography Of Quantitative Ecology
  - Setting Reading Goals A Bibliography Of Quantitative Ecology
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of A Bibliography Of Quantitative Ecology
  - Fact-Checking eBook Content of A Bibliography Of Quantitative Ecology
  - Distinguishing Credible Sources

13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

### **A Bibliography Of Quantitative Ecology Introduction**

Free PDF Books and Manuals for Download: Unlocking Knowledge at Your Fingertips In today's fast-paced digital age, obtaining valuable knowledge has become easier than ever. Thanks to the internet, a vast array of books and manuals are now available for free download in PDF format. Whether you are a student, professional, or simply an avid reader, this treasure trove of downloadable resources offers a wealth of information, conveniently accessible anytime, anywhere. The advent of online libraries and platforms dedicated to sharing knowledge has revolutionized the way we consume information. No longer confined to physical libraries or bookstores, readers can now access an extensive collection of digital books and manuals with just a few clicks. These resources, available in PDF, Microsoft Word, and PowerPoint formats, cater to a wide range of interests, including literature, technology, science, history, and much more. One notable platform where you can explore and download free A Bibliography Of Quantitative Ecology PDF books and manuals is the internet's largest free library. Hosted online, this catalog compiles a vast assortment of documents, making it a veritable goldmine of knowledge. With its easy-to-use website interface and customizable PDF generator, this platform offers a user-friendly experience, allowing individuals to effortlessly navigate and access the information they seek. The availability of free PDF books and manuals on this platform demonstrates its commitment to democratizing education and empowering individuals with the tools needed to succeed in their chosen fields. It allows anyone, regardless of their background or financial limitations, to expand their horizons and gain insights from experts in various disciplines. One of the most significant advantages of downloading PDF books and manuals lies in their portability. Unlike physical copies, digital books can be stored and carried on a single device, such as a tablet or smartphone, saving valuable space and weight. This convenience makes it possible for readers to have their entire library at their fingertips, whether they are commuting, traveling, or simply enjoying a lazy afternoon at home. Additionally, digital files are easily searchable, enabling readers to locate specific information within seconds. With a few keystrokes, users can search for keywords, topics, or phrases, making research and finding relevant information a breeze. This efficiency saves time and effort, streamlining the learning process and allowing individuals to focus on extracting the information they need. Furthermore, the availability of free PDF books and manuals fosters a culture

of continuous learning. By removing financial barriers, more people can access educational resources and pursue lifelong learning, contributing to personal growth and professional development. This democratization of knowledge promotes intellectual curiosity and empowers individuals to become lifelong learners, promoting progress and innovation in various fields. It is worth noting that while accessing free A Bibliography Of Quantitative Ecology PDF books and manuals is convenient and cost-effective, it is vital to respect copyright laws and intellectual property rights. Platforms offering free downloads often operate within legal boundaries, ensuring that the materials they provide are either in the public domain or authorized for distribution. By adhering to copyright laws, users can enjoy the benefits of free access to knowledge while supporting the authors and publishers who make these resources available. In conclusion, the availability of A Bibliography Of Quantitative Ecology free PDF books and manuals for download has revolutionized the way we access and consume knowledge. With just a few clicks, individuals can explore a vast collection of resources across different disciplines, all free of charge. This accessibility empowers individuals to become lifelong learners, contributing to personal growth, professional development, and the advancement of society as a whole. So why not unlock a world of knowledge today? Start exploring the vast sea of free PDF books and manuals waiting to be discovered right at your fingertips.

### **FAQs About A Bibliography Of Quantitative Ecology Books**

**What is a A Bibliography Of Quantitative Ecology PDF?** A PDF (Portable Document Format) is a file format developed by Adobe that preserves the layout and formatting of a document, regardless of the software, hardware, or operating system used to view or print it. **How do I create a A Bibliography Of Quantitative Ecology PDF?** There are several ways to create a PDF: Use software like Adobe Acrobat, Microsoft Word, or Google Docs, which often have built-in PDF creation tools. Print to PDF: Many applications and operating systems have a "Print to PDF" option that allows you to save a document as a PDF file instead of printing it on paper. Online converters: There are various online tools that can convert different file types to PDF. **How do I edit a A Bibliography Of Quantitative Ecology PDF?** Editing a PDF can be done with software like Adobe Acrobat, which allows direct editing of text, images, and other elements within the PDF. Some free tools, like PDFescape or Smallpdf, also offer basic editing capabilities. **How do I convert a A Bibliography Of Quantitative Ecology PDF to another file format?** There are multiple ways to convert a PDF to another format: Use online converters like Smallpdf, Zamzar, or Adobe Acrobats export feature to convert PDFs to formats like Word, Excel, JPEG, etc. Software like Adobe Acrobat, Microsoft Word, or other PDF editors may have options to export or save PDFs in different formats. **How do I password-protect a A Bibliography Of Quantitative Ecology PDF?** Most PDF editing software allows you to add password protection. In Adobe Acrobat, for instance, you can go to "File" -> "Properties" -> "Security" to set a password to

restrict access or editing capabilities. Are there any free alternatives to Adobe Acrobat for working with PDFs? Yes, there are many free alternatives for working with PDFs, such as: LibreOffice: Offers PDF editing features. PDFsam: Allows splitting, merging, and editing PDFs. Foxit Reader: Provides basic PDF viewing and editing capabilities. How do I compress a PDF file? You can use online tools like Smallpdf, I LovePDF, or desktop software like Adobe Acrobat to compress PDF files without significant quality loss. Compression reduces the file size, making it easier to share and download. Can I fill out forms in a PDF file? Yes, most PDF viewers/editors like Adobe Acrobat, Preview (on Mac), or various online tools allow you to fill out forms in PDF files by selecting text fields and entering information. Are there any restrictions when working with PDFs? Some PDFs might have restrictions set by their creator, such as password protection, editing restrictions, or print restrictions. Breaking these restrictions might require specific software or tools, which may or may not be legal depending on the circumstances and local laws.

### **Find A Bibliography Of Quantitative Ecology :**

[burmese buddhist sculpture the johan moger collection](#)

**bullet for cinderella**

[burkes rules harlequin historical no. 446](#)

[busineb aspects of medical practice](#)

**bunny great pals**

~~busineb management for construction contractors 8 advantage contractor busineb succeeb vol 8~~

*bullet for sandoval*

**bullet for an encore**

[bury my heart at fun-fun mountain](#)

**burn-out a commander shaw novel**

[bumper guide to garden ponds](#)

bush walks of the great south east

**bury me in a pot bunker a personal golf odyssey**

~~bush in our yard~~

*bunny and the beast*

**A Bibliography Of Quantitative Ecology :**

*pediatric dosage handbook google books* - Feb 24 2023

web pediatric dosage handbook lexi comp s clinical reference library contributors lexi comp inc american pharmaceutical association publisher lexi comp 2007 original

pediatric neonatal dosage handbook a universal resource for - May 30 2023

web feb 17 2022 pediatric neonatal dosage handbook a universal resource for clinicians treating pediatric and neonatal patients taketomo carol k free download borrow

read download pediatric dosage handbook pdf pdf - Sep 02 2023

web pdf epub download 2010 in medical carol k taketomo pediatric dosage handbook including neonatal dosing drug administration extemporaneous preparations

*pediatric neonatal dosage handbook rittenhouse* - Oct 23 2022

web pediatric dosage handbook taketomo carol k free download borrow and streaming internet archive

pdf pediatric amp neonatal dosage handbook full yumpu - Aug 21 2022

web oct 28 2016 pediatric neonatal dosage handbook 99 95 3 in stock the pediatric neonatal dosing handbook includes more than 1 000 drug monographs

**2016 pediatric medication handbook pem source** - Aug 01 2023

web long half life with chronic dosing may dose bid or tid iv dosing 0 04 0 3 mg kg dose iv every 2 to 6 hrs max 1 8 mg kg day etomidate intubation 0 5 mg kg dose max dose

*pediatric neonatal dosage handbook amazon com* - Jul 20 2022

web lexi comp s pediatric dosage handbook including neonatal dosing drug administration extemporaneous preparations taketomo carol k free download borrow and

**guideline on pharmaceutical development of medicines for** - Apr 16 2022

web pediatric neonatal dosage handbook a comprehensive resource for all clinicians treating pediatric and neonatal patients pediatric dosage handbook by carol k

**pediatric neonatal dosage handbook open library** - Nov 11 2021

pediatric dosage handbook by carol k taketomo open library - Nov 23 2022

web benefits the pediatric neonatal dosing handbook includes nearly 1 300 drug monographs featuring concise fields of information specific to neonates and children it

pediatric neonatal dosage handbook a - Mar 28 2023

web aug 16 2012 [pediatric neonatal dosage handbook](#) a comprehensive resource for all clinicians treating pediatric and neonatal patients [pediatric dosage handbook](#)

*pediatric neonatal dosage handbook 19th edition* [esource svb](#) - Jan 14 2022

web dec 31 2021 [pediatric neonatal dosage handbook by carol k taketomo](#) 0 ratings 7 want to read 1 currently reading 1 have read this handbook includes more than

[pediatric drug dosages stony brook school of medicine](#) - Dec 25 2022

web aug 18 2010 [pediatric dosage handbook including neonatal dosing drug administration extemporaneous preparations 2002 2003 2002](#) [lexi corp inc](#) in

[amazon com pediatric dosage handbook](#) - Mar 16 2022

web [pediatric drug lookup](#) an essential pediatric and neonatal drug lookup continually updated powered by [lexicomp](#) all drugs drug brand name drug generic name

*pediatric dosage handbook* [google books](#) - Jun 30 2023

web [lexi comp 2006 chemotherapy 1810 pages](#) the pediatric dosage handbook has been the trusted resource for medical professionals managing pediatric patients for over

**pediatric dosage handbook taketomo carol k archive org** - Sep 21 2022

web sep 7 2020 [simple step to read and download 1 create a free account 2 choose from our vast selection of ebook and pdf 3 please see if you are eligible to read or](#)

[paperback september 1 2021 amazon com](#) - Jan 26 2023

web jul 5 2005 [suggested pediatric drug dosages 07 05 2005 zwi jacob md](#) download 2 page pdf version for printing the dosages and drugs are intended as general guidelines

[pediatric neonatal dosage handbook w](#) - Dec 13 2021

*medication reference books manuals* [lexicomp](#) - Apr 28 2023

web [pediatric neonatal dosage handbook](#) includes drug monographs featuring concise fields of information specific to neonates and children [drug information handbook for](#)

**pediatric neonatal dosage handbook pediatric dosage handboo** - May 18 2022

web focus on a minimum number of acceptable dosage forms which are capable of meeting the needs of the majority of the children in the target age group s this can be achieved by

**lexi comp s pediatric dosage handbook archive org** - Jun 18 2022

web are you looking for a comprehensive and reliable guide to pediatric and neonatal drug dosing download the pediatric

neonatal dosage handbook pediatric dosage

**pediatric neonatal dosage handbook 28th edition accp** - Oct 03 2023

web pediatric neonatal dosage handbook 28th edition member 89 95 nonmember 99 95 unavailable the lexicomp pediatric neonatal dosage handbook includes

*all drugs pediatric drug lookup american academy of pediatrics* - Feb 12 2022

web 4 pediatric neonatal dosage handbook 19th edition 2022 11 18 hematology and oncology hotline numbers infectious diseases and immunology laboratory normals

**sample booster club thank you banquet speech pdf copy** - Jan 29 2023

web jun 5 2023 the soft documents of this sample booster club thank you banquet speech pdf by online you might not require more era to spend to go to the books

sample booster club thank you banquet speech pdf - Jun 21 2022

web sample booster club thank you banquet speech decoding sample booster club thank you banquet speech revealing the captivating potential of verbal expression

**welcome speech for basketball tournament in english for** - Jan 17 2022

web sep 10 2023 sample booster club thank you banquet speech pdf right here we have countless books sample booster club thank you banquet speech pdf and

**sample booster club thank you banquet speech** - May 01 2023

web sample booster club thank you banquet speech 1 6 downloaded from uniport edu ng on may 17 2023 by guest sample booster club thank you banquet speech right here

sample booster club thank you banquet speech download - Jul 23 2022

web sample booster club thank you banquet speech pdf pages 2 10 sample booster club thank you banquet speech pdf upload jason s paterson 2 10 downloaded from

**sample booster club thank you banquet speech** - Nov 26 2022

web apr 19 2023 it will completely ease you to see guide sample booster club thank you banquet speech as you such as by searching the title publisher or authors of guide

*10 thank you letter to guest speaker templates writolay* - Feb 27 2023

web may 13 2023 sample booster club thank you banquet speech pdf is available in our digital library an online access to it is set as public so you can download it instantly our

*sample booster club thank you banquet speech jmsseniorliving* - Dec 16 2021

*sample booster club thank you banquet speech uniport edu* - Oct 26 2022

web banquet and dinner speeches mar 18 2023 proceedings speeches c at the dinner given to louis kossuth at the national hotel washington jan 7 1852 oct 01 2021

*sample booster club thank you banquet speech pdf* - Mar 31 2023

web jun 23 2020 unbox those intricate details that you need to write in your thank you letter to the guest speaker scroll down firstly address the guest speaker with respect and

**sample booster club thank you banquet speech pdf pdf** - Dec 28 2022

web sample sponsor thank you letter sample templates booster club newsletter chadwick school taking care of business overview booster club information

thank you speech for guest 5 examples format - Jul 03 2023

web sound and distractions yet set within the lyrical pages of sample booster club thank you banquet speech a captivating perform of literary elegance that impulses with

**sample booster club thank you banquet speech pdf** - Jun 02 2023

web sample booster club thank you banquet speech sample booster club thank you banquet speech green amp gold speech and debate booster club inc volunteer

*pdf sample booster club thank you banquet speech* - Aug 24 2022

web sample booster club thank you banquet speech is available in our digital library an online access to it is set as public so you can get it instantly our book servers spans in

*pdf sample booster club thank you banquet speech pdf* - Nov 14 2021

*sample booster club thank you banquet speech copy* - Mar 19 2022

web 2 days ago long welcome speech for basketball tournament this format of speech for basketball tournament is very helpful for students in grades 8 12 as they often head

sample booster club thank you banquet speech book - Feb 15 2022

web sample booster club thank you banquet speech 1 sample booster club thank you banquet speech public works appropriations for 1962 culturally responsive standards

*sample booster club thank you banquet speech pdf* - Sep 05 2023

web sample booster club thank you banquet speech orations addresses and speeches of chauncey m depew jul 27 2021 this work has been selected by scholars as being

**how to thank a keynote speaker idoinspire** - Sep 24 2022

web sample booster club thank you banquet speech encyclopedia of sports management and marketing proceedings thirty second annual convention of rotary international

**sample booster club thank you banquet speech pdf** - Apr 19 2022

web sample booster club thank you banquet speech is available in our digital library an online access to it is set as public so you can get it instantly our digital library saves in

sample booster club thank you banquet speech pdf - Aug 04 2023

web sample booster club thank you banquet speech 1 8 downloaded from uniport edu ng on september 6 2023 by guest sample booster club thank you banquet speech

**procedures for conducting an individual sports award** - Oct 06 2023

web apr 22 2021 during this opening statement it is a good time to thank all the people that contributed to your program including booster clubs special recognition to a booster

*sample booster club thank you banquet speech pdf copy* - May 21 2022

web may 21 2023 sample booster club thank you banquet speech 1 7 downloaded from uniport edu ng on may 21 2023 by guest sample booster club thank you banquet

**the ultimate engaa collection 3 books in one over 500** - Nov 06 2022

web the ultimate engaa collection 3 books in one over 500 practice questions solutions includes 2 mock papers 2019 edition engineering admissions assessment uniadmissions paperback 1 january 2018 by madhivanan elango author 28 ratings see all formats and editions paperback 4 230 00 1 used from 6 685 27 7 new from 4 108 00

**the ultimate engaa guide fully updated and revised for the** - Oct 05 2022

web the ultimate engaa collection 3 books in one over 500 practice questions solutions includes 2 mock papers 2019 edition engineering admissions assessment uniadmissions

**the ultimate engaa collec yumpu** - Dec 27 2021

web aug 29 2020 engaa collection contains three of our bestselling engaa books in one volume giving you the best and most fully comprehensive guide to your revision practice and engaa success engineering at cambridge is one of the university s most competitive subjects with a success rate of less than 15

*download pdf the ultimate engaa collection 3 books in one over* - Jan 28 2022

web aug 22 2020 the ultimate engaa collection 3 books in one over 500 practice questions solutions includes 2 mock papers 2019 edition engineering admissions assessment uniadmissions format file ebook pdf epub mobi pocket audiobook txt doc ppt jpeg chm xml azw pdb kf8 prc tpz link download read online

the ultimate engaa collection 3 books in one over 500 - Feb 09 2023

web the ultimate engaa guide contains comprehensive information about the engineering admissions assessment engaa including tips techniques and strategies to save you time and maximise your

*the ultimate engaa collection kobo com* - Jun 13 2023

web rakuten kobo dan dr rohan agarwal tarafindan the ultimate engaa collection 3 books in one over 500 practice questions solutions includes 2 mock papers 2019 edition engineering admissions assessment uniadmissions kitabını okuyun your complete learning resource for the engaa this engaa coll

the ultimate engaa collection engineering admissions - Apr 11 2023

web aug 2 2021 the ultimate engaa collection includes three of our best selling engaa books in one volume written by engaa specialists who have scored in the top 10 of the engaa providing time saving tips and strategies

*the ultimate engaa collection 3 books in one over 500* - Sep 04 2022

web the ultimate engaa collection 3 books in one over 500 practice questions solutions includes 2 mock papers 2019 edition engineering admissions assessment uniadmissions show full title by dr rohan agarwal madhivanan elango and peter stephenson 0 ratings about this ebook

the ultimate engaa collection 3 books in one over 500 - Mar 10 2023

web jul 19 2018 from uniadmissions the uk s leading oxbridge and medical admissions company the ultimate engaa collection contains three of our bestselling engaa books in one volume giving you the best and most fully comprehensive guide to your revision practice and engaa success

*the ultimate engaa collection overdrive* - Jun 01 2022

web aug 2 2021 the ultimate engaa collection is your complete collection to achieving top scores on the engineering admissions assessment completely revised and updated for the 2022 admissions cycle each copy of the ultimate engaa collection comes with a free 4 hour taught engaa course the ultimate engaa collection includes three

the ultimate engaa collection 3 books in one over 500 - Feb 26 2022

web the ultimate engaa collection 3 books in one over 500 practice questions solutions includes 2 mock papers 2019 edition engineering admissions assessment uniadmissions softcover elango madhivanan stephenson peter agarwal dr rohan

**the ultimate engaa collection 3 books in one over 500** - Apr 30 2022

web this collections book consists of 3 full books you get all guides and practice papers in one single volume this allows you to plan your preparation more thoroughly whilst benefiting from the convenience and savings of a single preparation book  
*buy the ultimate engaa collection engineering admissions* - Aug 03 2022

web buy the ultimate engaa collection engineering admissions assessment preparation resources 2022 entry 300 practice questions and past papers worked score boosting and formula sheets book online at low prices in india the ultimate engaa

collection engineering admissions assessment preparation resources 2022 entry 300 practice

**the ultimate engaa collection overdrive** - Dec 07 2022

web jul 10 2019 the ultimate engaa collection ebook mid 3 books in one over 500 practice questions solutions includes 2 mock papers 2019 edition engineering admissions assessment uniadmissions by dr rohan agarwal

**amazon com customer reviews the ultimate engaa collection 3 books** - Mar 30 2022

web find helpful customer reviews and review ratings for the ultimate engaa collection 3 books in one over 500 practice questions solutions includes 2 mock papers 2019 edition engineering admissions assessment uniadmissions at amazon com read honest and unbiased product reviews from our users

the ultimate engaa collection 3 books in one over 500 - Jul 14 2023

web the ultimate engaa collection 3 books in one over 500 practice questions solutions includes 2 mock papers 2019 edition engineering admissions assessment uniadmissions elango madhivanan stephenson peter agarwal dr rohan amazon com tr kitap

**the ultimate engaa collection 3 books in one over 500** - Jan 08 2023

web this engaa collection gives you all the resources for the engaa in one fully comprehensive guidebook this collections book consists of 3 full books you get all guides and practice papers in one single volume

**the ultimate engaa collection 3 books in one over 500** - Aug 15 2023

web jul 19 2018 buy the ultimate engaa collection 3 books in one over 500 practice questions solutions includes 2 mock papers 2019 edition engineering admissions assessment uniadmissions 1 by elango madhivanan stephenson peter agarwal dr rohan isbn 9781912557370 from amazon s book store

**the ultimate engaa collection 3 books in one over 500** - May 12 2023

web the ultimate engaa collection 3 books in one over 500 practice questions solutions includes 2 mock papers 2019 edition engineering admissions assessment uniadmissions by elango madhivanan stephenson peter agarwal dr rohan isbn 10 1912557371 isbn 13 9781912557370 rar medical services 2018 softcover

the ultimate engaa collection 3 books in one over 500 - Jul 02 2022

web buy the ultimate engaa collection 3 books in one over 500 practice questions solutions includes 2 mock papers 2019 edition engineering admissions assessment uniadmissions by stephenson peter agarwal rohan elango madhivanan online on amazon ae at best prices fast and free shipping free returns cash on delivery available