



To develop its range of mattresses (right), Sealy's research and development facility in Brisbane uses optimal alignment mannequins (shown) developed to test like a human body to measure the support offered by mattresses. PHOTO: SEALY

Building better beds

Sealy Asia-Pacific in Brisbane works with sleep-science experts on mattress designs

Chamath Sajan
Senior Correspondent

For a good night's sleep, you need a mattress that keeps the spine aligned the same way whether you stand or lie down.

This is what Sealy Asia-Pacific discovered through collaborating with the Queensland University of Technology (QUT) to develop mattress designs backed by sleep science experts.

A mattress that maintains the alignment of the spine "helps prevent back pain, discomfort and disturbed sleep", says managing director Simon Dyer.

QUT has been leading sleep research at QUT for about six years, and working with scientists to not only design the mattress for the market, but also for a new generation in the future with evolving tastes and needs," says Mr Dyer.

The 48-year-old Australian declines to reveal actual figures, but says the bedding firm is the owner of "a few hundred thousand US dollars" annually.

He adds that, through the company's joint venture with western firms in Sealy, the latest research and development (R&D) findings are shared with the American parent company.

An open-door culture of collaboration with experts has resulted in Sealy PosturePedic's position as the top-selling mattress brand in Australia since 1999 and in Singapore since 2003.

The brand is sold in the United States through Denver Sealy International and in the region through Sealy Asia-Pacific.

Back in the 1950s, the American owners of the brand came up with the Sealy PosturePedic mattress after consultations with ortho-

paedic surgeons and the company's in-house engineering team.

Sealy Inc was founded in 1906 in Sealy, Texas, by gas and grill mill builder Charles Sealy. Over the decades, advertisements in major newspapers across the United States crafted a niche for Sealy as the only mattress in the market with "no morning flattens".

And the sales sped forward. With an emphasis on mattress architecture that incorporated robust metal springs, a latex core and foam foam edges, Sealy Corporation, as it was renamed in the 1960s, soon became one of the top bedding brands in North America.

In 1966, the owners in the US appointed Michael Bennett as the licensee to sell Sealy mattresses in Australia and the region. Michael was founded in 1973 by entrepreneur Sam Dyer and, by the 1980s, had become a prominent mattress brand in Australia.

Today, the late Mr Dyer's successors have expanded the business to the Asia-Pacific region, which covers Australia, New Zealand, China, India, South Korea, Singapore, Hong Kong, Taiwan, Malaysia, Indonesia, Philippines, Vietnam and Cambodia, as well as Britain.

When located in Malacca, former Sealy Asia-Pacific in 2005, a family-owned joint venture which is today helmed by Mr Simon Dyer and his son George, 34, its chief R&D office.

The company's 2,500 sq m R&D facility in the World Industrial district of Brisbane collaborates extensively with QUT.

In cooperation with QUT, Sealy Asia-Pacific also established the Orthopaedic Advisory Board, an independent group of global experts in spinal research from the university's BoneHealth and Spine Research Group.

The board is staffed by sleep



Testbed for quality mattress design

Here are some of Sealy's innovative designs and product technology that have been developed in partnership with Australia's Orthopaedic Advisory Board and the Queensland University of Technology.

SOFT OR FIRM BEDS?

A mattress can be compared to clothing: something comfortable yet firming - and not too hard or soft. Sealy's "Firm" beds are used to provide a deeper level of firmness and are best for sleepers who prefer to rest on a firm surface. "CloudLux Firm" beds are soft to the touch and are ideal for sleepers who like a soft surface bed with some firmness. "Flex" and "Ultra-flex" are designed for those who prefer a soft landing when they fall on their beds, as if into a cushioning substance.

SEALY POSTUREPEDIC PALATIAL CREST AND EXQUISITE RANGES

These top-of-the-line Exquisite beds can be found at Sealy Sleep Palace and Sealy Sleep Boutiques in Century Square, City Square, Fusion, IMM and Plaza Singapura. Palatial Crest beds are displayed at Takashimaya as well as Harvey Norman at Millenia Walk, Parkway Parade and Northpoint City.

The Palatial Crest and Exquisite range feature a patented "SmartSupport" coil, a three-stage coil system that is said to provide instant pressure relief, enhance sleep comfort and reduce motion transfer. These coils are made from titanium, allow for extra strength and long-lasting performance. The SmartSupport coils provide various stages of comfort by offering cradling, cushioning and sleep-down support.

SEALY POSTUREPEDIC ENHANCE AND ASPIRE RANGES

In these ranges, Sealy employs a different coil technology called the "Miles support system". This design has a graduated coil made specifically for single-sided mattresses, where only one side can be used for sleeping. It creates six zones in every coil, said to provide stability and support. As a result, the coil can respond better to a person's weight.

SMARTER FABRIC

This proprietary fabric is said to help regulate sleep surface temperature throughout the night. The fabric starts to work only when a person's body temperature increases. The SmartTex fibres work away moisture to enable it to evaporate rapidly, giving the sleeper a comfortable surface experience. The fabric also inhibits the growth of microbes such as perspiration on the surface of the bed.

• Sealy beds are priced from \$299 for a PosturePedic Sealy Single single-size mattress to \$6,500 for a plush Exquisite Crest Process queen-size bed. Go to shop.sealy.com.sg or Sealy's retail outlets for more details.

science experts such as Emeritus Professor Mark Peary, who has more than 40 years of biomechanical research experience, focusing on movement and support from artificial joints and implants, and Dr Geoff Adams, a pioneer in surgical techniques to correct spinal deformity.

The brand collaborates with Sealy PosturePedic's R&D team led by Mr David Green, Sealy's mechanical engineer, on spinal alignment and sleep quality.

Mr Green says the tie-up helps the company to keep innovating.

"We now consider anatomical differences between males and females, and include the neck in spinal measurements," he says. "We have also expanded our movement of spinal alignment when lying on the side as well as on the back."

For the research, the laboratory bed worked with 10 male and 10 female adults, analysing the human body when it lies on the side, back and different sleep surfaces. The research included using state-of-the-art systems such as magnetic resonance imaging for internal and

external images of the body, 3D surface scanning to show how the surface of the bed moves during sleep and pressure mapping to reveal points where the body comes into contact with the bed surface as well as points where heat and moisture build up.

One of the most breakthroughs at the Sealy R&D facility involves the use of optimal alignment mannequins. These mannequins are designed to move just like a human body does and are used to measure the support offered by different mattresses.

TEST-BEDDING MATTRESSES

Sealy Singapore stocks more than 20 types of mattresses at its flagship store, the Sealy Sleep Palace at Tanglin Place, located at the junction of Tanglin Road and Hamilton Road.

Its beds are also sold at other retail outlets such as Harvey Norman at Millenia Walk, Takashimaya, Isetan Scotts and Courts Nippon at The Shoppes. All Sealy PosturePedic beds come with a 10-year guarantee.

info@sealy.com.sg

Building Better Beds

Anthony S. Fauci



Building Better Beds:

The Journey to Build Better Communities Felix Drayton,2025-05-12 The Journey to Build Better Communities invites young readers on an exciting adventure with a group of children working together to create stronger more connected neighborhoods Through fun challenges and collaborative projects kids will learn the importance of teamwork creativity and problem solving as they tackle tasks like designing parks improving transportation and helping those in need With interactive activities at the end of each chapter children can apply what they ve learned by drawing planning and designing their own community projects This book empowers kids to make positive changes and build better communities around them

Building Better Partnerships Commission on Public Private Partnerships,Institute for Public Policy Research (London, England), Building ,1900 **Building Age** ,1919 American Builder ,1921 **The Social Welfare Forum** National Conference of Social Work (U.S.). Annual Forum,1928 Building Better Beds Percy W. Blandford,1984 Provides detailed step by step instructions for the construction of wooden beds cribs cradles and headboards in a variety of styles *When Business Is Love* Jan Ryde,2024-01-09 *When Business Is Love* tells the story of Jan Ryde s mission to create the world s finest beds and to operate his fifth generation business H stens Sangar on the basis of love Love It isn t everything It s the only thing Despite the world being such a rich and abundant place love is one thing that all the world is longing for yet as the old song goes just can t seem to get enough of In *When Business Is Love* The Spirit of H stens At Work At Play and Everywhere In Your Life Jan Ryde the fifth generation CEO of family owned Swedish bed manufacturer H stens reveals the secrets to running a business and living a life rooted in love *When Business Is Love* is a book about what can happen when one approaches business and life with the single intention to give everyone involved the opportunity to experience their best life *When Business Is Love* shares Jan Ryde s mission to make the world a better place by putting people first and leading with values of humility honesty integrity mastery gratitude forgiveness encouragement joy peacefulness and above all else LOVE Readers will follow Jan s personal journey from business school professor to CEO of a modest family business that he built into a global company and learn from his successful leadership philosophy Why you must embrace your whole story even the dark times The importance of a clearly defined mission The magic of imagination and retaining one s child like creativity How to step into and live in abundance through connection to the Source The myth of competition and how you only have to create to succeed The power of modeling and acting on the clues that success freely leaves for you The miracles that show up in your life when you invest in helping people to have their best life ever Under Jan Ryde s management H stens founded in Sweden in 1852 as a one man saddlery has grown into one of the world s most beloved brands with stores from Los Angeles to London from Istanbul to Singapore H stens enjoys an outstanding international reputation for creating the finest beds in the world as evidenced by a client list that includes everyone from Hollywood royalty to actual crowned heads of state Its luxurious handcrafted top of the line Grand Vividus sells for as much as a million dollars Readers following Jan Ryde s

example of business as love will find themselves asking the transformative question that motivates the entire Hstens team how good do you want to have it **How to Build Sixteen Ideal Motor Boats** Charles Frederic Chapman,1920 The Building News and Engineering Journal ,1904 National Health Policy and Health Resources Development, Hearings Before the Subcommittee on Public Health and Environment of ..., 93-2, Mar. 15; Apr. 30; May 1, 6, 7, 8, 9, and 14, 1974 United States. Congress. House. Interstate and Foreign Commerce Committee,1974 **Report** New York (N.Y.). Board of Estimate. Committee on inquiry into the Departments of health, charities, and Bellevue and allied hospitals in the city of New York,1913 House of Commons - Health Committee: After Francis: Making A Difference - HC 657 Great Britain: Parliament: House of Commons: Health Committee,2013-09-18 The NHS needs to be an organization in which an open dialogue about care quality is part of the natural culture of the organization not a duty which only arises in cases of service failure Robert Francis made 290 recommendations in his report but in truth they boil down to just one that the culture of doing the system s business is pervasive in parts of the NHS and has to change Many who raise their concerns in the NHS at present risk serious consequences for their employment and professional status But disciplinary procedures professional conduct hearings and employment tribunals are not the proper place for honestly held concerns about patient safety and care quality to be aired constructively The NHS standard contract imposes a duty of candour on all NHS providers This is an essential principle but it is not adequately understood or applied It should mean that all providers create a culture which is routinely open both with their patients and their commissioners The same principle should apply to commissioners so that they are routinely open and accountable to local communities The Health Committee recommended this approach in 2011 and repeats that now It should be a prime role of the CQC to encourage the development of this culture within care providers and of NHS England to develop the same culture within commissioners The Health Committee will in future work closely with the Professional Standards Authority to develop the accountability process for professional regulators in healthcare

Essays in Honour of Michael Bliss Elsbeth A. Heaman,Alison Li,Shelley McKellar,2008-03-22 A leading public intellectual Michael Bliss has written prolifically for academic and popular audiences and taught at the University of Toronto from 1968 to 2006 Among his publications are a comprehensive history of the discovery of insulin and major biographies of Frederick Banting William Osler and Harvey Cushing The essays in this volume each written by former doctoral students of Bliss with a foreword by John Fraser and Elizabeth McCallum do honour to his influence and at the same time reflect upon the writing of history in Canada at the end of the twentieth century The opening essays discuss Bliss s career his impact on the study of history and his academic record Bliss himself contributes an autobiographical essay that strengthens our understanding of the business of scholarship teaching and writing In the second section the contributors interrogate public mythmaking in the relationship between politics and business in eighteenth nineteenth and twentieth century Canada Further sections investigate the relationship between fatherhood religion and historiography as well as topics in health and public policy A

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Annual Report ... Woman's Home Missionary Society (Cincinnati, Ohio),1908

Fire and Water Engineering ,1904

Design Tools for Evidence-Based Healthcare Design Michael Phiri,2014-12-05 The growing movement towards evidence based healthcare design has largely emphasised a change of culture and attitudes It has advocated for new ways of working but until now it has not focused on equipping healthcare clients and their designers with the practical means to exploit the potential benefits from evidence based architectural design Development of indicators and tools that aid designers and users of the built environments in thinking about quality enhances the design process to achieve better outcomes Importantly design tools can support managers and designers through end user involvement and an increased understanding of what patients and staff expect from their healthcare facilities They can facilitate the creation of patient centred environments which improve user satisfaction Design Tools for Evidence Based Healthcare Design Discusses the tools that are being used to achieve design quality and excellence within the context of NHS procurement systems such as PFI Procure21 and others Collates information that increases our understanding of these tools in order to be able to make the best use of them Clarifies where during the various stages of a building s life from inception design construction occupation and re use these tools should be used in order to derive the benefits possible from evidence based design Provides in one place an authoritative reference publication that will act as a memory a user guide and manual for these design tools Illustrated with case studies from throughout the UK and written by a well known expert in the field this book will provide essential reading for anyone involved in healthcare design

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