



Buddhist Meditation On China

K'uan Yü Lu



Buddhist Meditation On China:

Traditions of Meditation in Chinese Buddhism Peter N. Gregory, 1986-11-01 A veritable treasure trove Both demanding and tremendously rewarding The book is of high scholarly standard but is clear precise and a pleasure to read and is certainly accessible to interested laymen It cannot be recommended highly enough The Middle Way November 1993 Each chapter in this volume is sophisticated tightly argued and well documented An important contribution to the literature on Buddhist meditation Journal of Asian Studies 47 1988

Buddhist Meditation on China Paul Frederic Schmidt, 1984-01-01 *The Secrets of Chinese Meditation* K'uan Yü Lu, 1964 Only a Great Rain Xingyun, 1999-10 Inspired by the growing links between Eastern and Western spirituality this oray into the often underexposed methods of Chinese Buddhist meditation explores the connections between the Three Higher Trainings ethical conduct meditation and wisdom and reveals how they can be integrated into a modern life Original IP Chan Before Chan Eric M. Greene, 2021-01-31 What is Buddhist meditation What is going on and what should be going on behind the closed or lowered eyelids of the Buddha or Buddhist adept seated in meditation And in what ways and to what ends have the answers to these questions mattered for Buddhists themselves Focusing on early medieval China this book takes up these questions through a cultural history of the earliest traditions of Buddhist meditation chan before the rise of the Chan Zen School in the eighth century In sharp contrast to what would become typical in the later Chan School early Chinese Buddhists approached the ancient Buddhist practice of meditation primarily as a way of gaining access to a world of enigmatic but potentially meaningful visionary experiences In Chan Before Chan Eric Greene brings this approach to meditation to life with a focus on how medieval Chinese Buddhists interpreted their own and others visionary experiences and the nature of the authority they ascribed to them Drawing from hagiography ritual manuals material culture and the many hitherto rarely studied meditation manuals translated from Indic sources into Chinese or composed in China in the 400s Greene argues that during this era meditation and the mastery of meditation came for the first time to occupy a real place in the Chinese Buddhist social world Heirs to wider traditions that had been shared across India and Central Asia early medieval Chinese Buddhists conceived of chan as something that would produce a special state of visionary sensitivity The concrete visionary experiences that resulted from meditation were understood as things that could then be interpreted by a qualified master as indicative of the mediator's purity or impurity Buddhist meditation though an elite discipline that only a small number of Chinese Buddhists themselves undertook was thus in practice and in theory constitutively integrated into the cultic worlds of divination and repentance chanhui that were so important within the medieval Chinese religious world as a whole *The Secrets of Chinese Meditation* K'uan Yü Lu, 1972 Illuminating Silence Master Sheng-Yen, 2018-07-17 An insider's guide to the principles of Chan or Chinese Zen this book gives unfiltered access to the kind of illuminating experience with a Zen Master that is usually only available to a few fortunate practitioners Having originated in China in the 6th century Chan Buddhism is now growing

rapidly in popularity much of which can be attributed to its open accepting attitude and its focus on a choice of meditative practices to best suit each individual With the bulk of the text made up of edited transcripts of the teachings at two major retreats led in Wales in 1989 and 1995 by the then head of the movement Master Sheng Yen this jewel of a book offers a rare glimpse inside both the ancient teachings and the contemporary practice of Chan Words like enlightenment rarely pass the lips of Master Sheng Yen Instead he makes it clear that his retreats are for the development of practice to realize one is not in control of one s own mind to discover how to train one s mind in awareness to calm the mind and to replace ignorance with insight Commentary by Sheng Yen s much respected Western disciple John Crook gives full context to the teachings and provides a fascinating account of the practical aspects of a retreat of this nature including the meditative practices of watching the breath counting the breath and of Silent Illumination that lies at the heart of Chinese Zen In so doing the atmosphere of such a retreat is powerfully evoked especially when Crook recounts the experiences and impacts of his own years of practice

The Secrets of Chinese Meditation K'uan Yü Lu,1972 [Metamorphosis of Buddhism in China's New Era](#) David L. Wank, Ji Zhe, Yoshiko Ashiwa, 2025-07-10 The metamorphosis of Buddhism synchronizing with alterations in political ideology rapid economic growth and evolving societal demands in China s new era is the focus of this book It traces the metamorphosis to 2002 when the Communist Party of China declared upholding traditional Chinese culture including Buddhism to be essential to its leadership The chapters offer rich case studies of updated authentic Buddhist teachings by clerics and other innovations in temples and nunneries new lay communities and their practices and the emergence of Buddhist cultural sites ranging from scenic areas to mega expos The comprehensive view of Buddhism in China illustrates how Buddhism is going beyond state imposed boundaries of religious space With a primary focus on Mahayana Buddhism practiced among Han Chinese it also considers interactions with Theravada and Tibetan Buddhism as well as Confucianism Daoism and folk beliefs The eleven contributing scholars experts in anthropology history philosophy religious studies and sociology draw on extensive fieldwork to provide transdisciplinary analyses of the metamorphosis raising key questions about the dynamics of religious space

The Secrets of Buddhist Meditation Eric M. Greene, 2021-01-31 In the early 400s numerous Indian and Central Asian Buddhist meditation masters chanshi traveled to China where they established the first enduring traditions of Buddhist meditation practice in East Asia The forms of contemplative practice that these missionaries brought with them and which their Chinese students further developed remained for several centuries the basic understanding of meditation chan in China Although modern scholars and readers have long been familiar with the approaches to meditation of the Chan Zen School that later became so popular throughout East Asia these earlier and in some ways more pervasive forms of practice have long been overlooked or ignored This volume presents a comprehensive study of the content and historical formation as well as complete English translations of two of the most influential manuals in which these approaches to Buddhist meditation are discussed the Scripture on the Secret Essential Methods of Chan Chan

Essentials and the Secret Methods for Curing Chan Sickness Methods for Curing Translated here into English for the first time these documents reveal a distinctly visionary form of Buddhist meditation whose goal is the acquisition of concrete symbolic visions attesting to the practitioner's purity and progress toward liberation Both texts are apocryphal scriptures Taking the form of Indian Buddhist sutras translated into Chinese they were in fact new compositions written or at least assembled in China in the first half of the fifth century Though written in China their historical significance extends beyond the East Asian context as they are among the earliest written sources anywhere to record certain kinds of information about Buddhist meditation that hitherto had been the preserve of oral tradition and personal initiation To this extent they indeed divulge as their titles claim the secrets of Buddhist meditation Through them we witness a culture of Buddhist meditation that has remained largely unknown but which for many centuries was widely shared across North India Central Asia and China

Meeting of Minds -- A Dialogue on Tibetan and Chinese Buddhism The Chan Master Sheng Yen, His Holiness the 14th Dalai Lama, 2011-12-01 *Inner Worlds: Individuals and Interiority in Chinese Religious Life* Benjamin Brose, James A. Benn, 2025-07-18 How do the inner convictions of individuals clash and sometimes cohere with the ideologies of their times This volume investigates the interior lives of Chinese religious practitioners from the tenth century to the present to explore their dreams visions and personal struggles The reader will encounter an eminent Buddhist master's Confucian dreams a Qing court lama's visions of China and a modern Chan master's memories of his own awakening The contributors draw on a vast array of sources poetry dream records confessions instructional talks and previously unpublished archival documents to offer a new perspective on the interplay between personal belief and political ideology between the otherworldly and the mundane Contributors are James A Benn Ester Bianchi Raoul Birnbaum Benjamin Brose Daniela Campo Wen shing Chou Vincent Goossaert Ji Zhe Paul R Katz Beverley McGuire Gray Tuttle and Wang Jia

[Zen Buddhism: India and China](#) Heinrich Dumoulin, 2005-08-16 Unparalleled in scope and detail this classic history of Zen covers all important ideas and developments in the tradition from its beginnings in India through the Sung period in China

[Love and Emotions in Traditional Chinese Literature](#) Halvor Eifring, 2004 This volume provides a first step towards a conceptual history of a key term in traditional Chinese culture qing often translated as emotion The essays cover the classical period and Chan Buddhist sources in addition to Ming Qing fiction and drama

The History of the Formation of Early Chinese Buddhism In-sub Hur, 2023-10-16 The History of the Formation of Early Chinese Buddhism A Study on Discourse Characteristics analyzes the process of the sinicization of Buddhism It provides a comprehensive investigation on how the perceived similarities between Buddhism and Daoism originated and how traditional Daoist terminologies were applied in the translation of Buddhist texts By doing so the text critiques the Daoistization of Buddhism and also offers a comparative overview of the general human ways of thinking in India and China by focusing on the relationship between universal ways of understanding the world during the Wei Jin era By analyzing commentaries by scholarly Chinese monks in the Wei Jin era and the philosophical nature

of Neo Daoism thought that played the most direct role in the Chinese transformation of Buddhism this book is an attempt to understand why discourses on topics such as imperishability of the spirit became main discussion topics in early Chinese Buddhism

Esoteric Buddhism in China Wei Wu, 2024-03-05 During the Republican period 1912 1949 and after many Chinese Buddhists sought inspiration from non Chinese Buddhist traditions showing a particular interest in esoteric teachings What made these Buddhists dissatisfied with Chinese Buddhism and what did they think other Buddhist traditions could offer Which elements did they choose to follow and which ones did they disregard And how do their experiences recast the wider story of twentieth century pan Asian Buddhist reform movements Based on a wide range of previously unexplored Chinese sources this book explores how esoteric Buddhist traditions have shaped the Chinese religious landscape Wei Wu examines cross cultural religious transmission of ideas from Japanese and Tibetan traditions considering the various esoteric currents within Chinese Buddhist communities and how Chinese individuals and groups engaged with newly translated ideas and practices She argues that Chinese Buddhists assimilation of doctrinal ritual and institutional elements of Tibetan and Japanese esoteric Buddhism was not a simple replication but an active process of creating new meanings Their visions of Buddhism in the modern world as well as early twentieth century discourses of nation building and religious reform shaped the reception of esoteric traditions By analyzing the Chinese interpretation and strategic adaptations of esoteric Buddhism this book sheds new light on the intellectual development ritual performances and institutional formations of Chinese Buddhism in the twentieth century

Buddhist Monuments in China Daijō Tokiwa, Tadashi Sekino, 1930 *The Secrets of Chinese Meditation* Kuanyu Lu, 1975 **The Secrets of Chinese Meditation** , 1969 Buddhist China Sir Reginald Fleming Johnston, 1913

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