

Counselling Contract for Clients Under 18 Years Old and Parents/Guardians

James Rodwell

BSc Humanistic Counselling, Metanoia Institute, Ealing, London

www.colchester-counselling.co.uk

About Counselling

Counselling provides a confidential space for people to talk about their life, relationships, thoughts, actions and feelings with someone who is interested in understanding and helping them. Counsellors don't give their clients "the answer" or direct advice, but the counselling relationship enables clients to find their own way through their present difficulties.

I believe for counselling to have the best chance of being effective it is important that the client is permitted to keep their counselling relationship private. I also understand that you are trusting me to work with your child and are entitled to know what that involves and to be updated on how the work is going. With this in mind, please note the following:

- Please allow your child to decide whether and how much they wish to talk with you about their sessions.
- If your child discloses something I believe indicates risk of serious harm to themselves or others then I will be in touch with you. (See the 'Confidentiality' section below.)
- Please feel free to contact me to request an update on how the sessions are going and I will then consult with your child and provide an answer.
- I check in with my clients on a regular basis to see if they are finding the work we are doing together helpful. If they are not then we will bring our work to a close.
- Most of my work uses talk therapy. However, sometimes we might decide together to use other means like a dry erase board, sand tray, drawing materials etc.

Counselling Arrangements

Number of Sessions (if Agreed):

Length of Sessions: 50 minutes from the time arranged. Sessions will take place _____ a week on _____ at _____

Fee (per session):

Sessions will take place at the Rawstorn Road Centre for Counselling and Psychotherapy

1A Rawstorn Road, Colchester, CO3 3JE

My Contact Details

Tel: 01206 625 756

Email: jamesrodwellcounselling@gmail.com

(This is a call only confidential answerphone number. I cannot receive text messages to this number.)

Parent/Guardian(s) Contact Details

Tel:

Email:

Contracts In Counselling

**Edward Allan Farnsworth, William
Franklin Young**



Contracts In Counselling:

Contracts in Counselling Charlotte Sills, 1997-09-15 An excellently edited book It touches upon the core philosophical bases of psychodynamic psychoanalytic cognitive and humanistic counselling and explores the complicated and sometimes contradictory nature of contracting within these approaches The book is written in an accessible language and often uses very powerful imagery to underline its message I found this book to be extremely stimulating accessible and readable I recommend it to all people interested in counselling and particularly to students of counselling at all levels British Journal of Guidance and Counselling Clear agreements between counsellors and clients are essential before entering into a therapeutic relationship yet until

Contracts in Counselling & Psychotherapy Charlotte Sills, 2006-06-15 Praise for the First Edition An excellently edited book It touches upon the core philosophical bases of psychodynamic psychoanalytic cognitive and humanistic counselling and explores the complicated and sometimes contradictory nature of contracting within these approaches The book is written in an accessible language and often uses very powerful imagery to underline its message I found this book to be extremely stimulating accessible and readable I recommend it to all people interested in counselling and particularly to students of counselling at all levels British Journal of Guidance and Counselling **Contracts in Counselling and Psychotherapy** Second Edition is a practical guide to an essential area of professional knowledge and skills Any kind of therapeutic relationship requires an agreement between practitioner and client at the outset When contracting with clients practitioners need to consider a whole range of factors including goals of counselling theoretical orientation brief or open ended counselling different personality types ethical and legal issues This book provides a unique guide to the nature of counselling contracts why they are needed and how they are made For the second edition the book has been thoroughly updated to take account of the BACP ethical framework Two new chapters have been added covering the legal aspects of contracting and how to make contracts with trainees **Contracts in Counselling and Psychotherapy** Second Edition is an authoritative source of information and practical guidance for trainees and practitioners in counselling and psychotherapy Charlotte Sills is Visiting Professor at Middlesex University and Head of Transactional Analysis Department at Metanoia Institute London

Contracts in Counselling and Psychotherapy Charlotte Sills, 2006 Provides an introduction to what contracts are why they are needed how they are made and what the legal and ethical ramifications are This book presents contracting from the viewpoint of the three major therapeutic approaches cognitive psychodynamic and person centred

Contracts in Counselling & Psychotherapy Charlotte Sills, 2006-07-07 Praise for the First Edition An excellently edited book It touches upon the core philosophical bases of psychodynamic psychoanalytic cognitive and humanistic counselling and explores the complicated and sometimes contradictory nature of contracting within these approaches The book is written in an accessible language and often uses very powerful imagery to underline its message I found this book to be extremely stimulating accessible and readable I recommend it to all people interested in counselling and particularly to students of

counselling at all levels British Journal of Guidance and Counselling Contracts in Counselling and Psychotherapy Second Edition is a practical guide to an essential area of professional knowledge and skills Any kind of therapeutic relationship requires an agreement between practitioner and client at the outset When contracting with clients practitioners need to consider a whole range of factors including goals of counselling theoretical orientation brief or open ended counselling different personality types ethical and legal issues This book provides a unique guide to the nature of counselling contracts why they are needed and how they are made For the second edition the book has been thoroughly updated to take account of the BACP ethical framework Two new chapters have been added covering the legal aspects of contracting and how to make contracts with trainees Contracts in Counselling and Psychotherapy Second Edition is an authoritative source of information and practical guidance for trainees and practitioners in counselling and psychotherapy Charlotte Sills is Visiting Professor at Middlesex University and Head of Transactional Analysis Department at Metanoia Institute London

Adolescent Counselling Psychology Terry Hanley, Neil Humphrey, Clare Lennie, 2012-07-26 Adolescent Counselling Psychology Theory Research and Practice provides a thorough introduction to therapeutic practice with young people As an edited text it brings together some of the leading authorities on such work into one digestible volume The text is divided into three major sections The first provides a context to therapeutic work with young people This outlines the historical background to such work the types of settings in which individuals work and the allied professions that they will encounter Following on from this the second section introduces the psychology of adolescence and provides an overview of the research into youth counselling Finally the third section considers more applied issues Initially the infrastructure of counselling services is discussed before moving on to reflect upon pluralistic therapeutic practice To end the ways in which outcomes may be assessed in such work are described In covering such a wide territory this text acts as an essential resource to practicing counselling psychologists and other mental health professionals It provides a foundation to the work that individuals are undertaking in this arena and advocates that individuals enter into therapeutic work in a critically informed way At the heart of such considerations is the need to utilise psychological theory alongside research findings to inform therapeutic decision making

Handbook of Counselling in Britain Windy Dryden, David Charles-Edwards, Ray Woolfe, 1989 This is a handbook of the main fields of counselling activity in Britain It is designed to be used as a source of information for professionals and students of counselling and allied professionals both practising and training

Dictionary of Counselling Colin Feltham, Windy Dryden, 2004-07-23 This resource supplies definitions for well known key terms and recent innovations and presents nutshell versions of debates and disagreements in the field It includes selective pertinent terms from the cognate disciplines of psychiatry and psychotherapy and gives an insight into the language and development of counselling

Contracts Ian R. Macneil, 1978

Personal Responsibility Counselling and Therapy Richard Nelson-Jones, 1984

Theory and Practice of Counselling and Therapy Richard Nelson-Jones, 2006-01-26 Theory and Practice of Counselling and Therapy written by

Richard Nelson Jones is a comprehensive introduction to all of the major therapeutic approaches Written using a common structure for each approach the book allows easy comparison between the different orientations *Cases and Materials on Contracts* Ian R. Macneil,1971 Government Contracts Reporter ,1941 **Pleadings, Parties and Forms Under the Code** Clement Bates,1882 **The Theory and Practice of Counselling Psychology** Richard Nelson-Jones,1982 *Marriage Contracts* Evita M. Roche,David C. Simmonds,1988 *Law and Labor* ,1923 A monthly periodical on the law of the labor problem Cases and Materials on Contracts Edward Allan Farnsworth,William Franklin Young,1988 Developing the Practice of Counselling Windy Dryden,Colin Feltham,1994-06-14 The format is easy to access and stimulates reflection on practice *International Review of Psychiatry* This volume contains 30 useful hints and reminders to help both trainee and practising counsellors examine and improve key areas of their work The book encourages counsellors to focus on areas that they may feel need special attention covering topics such as the formation of an ethical and productive alliance working with effective tasks and goals identifying and addressing clients obstacles to change and developing professional knowledge and self reflection **Counselling and Psychotherapy** Windy Dryden,Colin Feltham,1995 Every year many people seek counselling and it is becoming more and more acceptable to seek professional help for personal problems It is difficult to negotiate the maze of therapies and find your way to the kind of counsellor who will be best able to help you As a consumer you need to make calm informed choices about the options available This book offers a balanced and useful account of the most important issues to consider before embarking on your therapeutic journey **California. Supreme Court. Records and Briefs** California (State).,

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