

PNS Motor System Changes with Aging

- Loss of α MN
 - remaining α MN will innervate the muscle cells
 - remaining MU become larger which can **reduce motor coordination** for finely tuned movements
 - Signs of reinnervation
 - space between nodes in myelin was reduced
 - \downarrow in the NCV
 - Motor conduction slows by 0.4–1.7 m/s per decade after 20 years (sensory by 2–4 m/s)
-

Aging Motor System

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Aging Motor System:

Decoding **Aging Motor System**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Aging Motor System**," a mesmerizing literary creation penned with a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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