



Breast Cancer And Stress

Michael H. Antoni, Roselyn Smith



Breast Cancer And Stress:

Stress and Breast Cancer Cary L. Cooper, 1988 In recent years interest has increased in the links between stress and breast cancer reflecting the growing concern at the continuing increase in the disease This book brings together leading researchers in the field to review the evidence available

Encyclopedia of Stress George Fink, 2000 Comprised of nearly 400 entries by leading experts on the subject The Encyclopedia of Stress covers almost every aspect and ramification of stress The book explores the effects of stress on behavior psychiatric and psychosomatic disorders cardiovascular systems reproductive function and immune function plus stress as a consequence of work post traumatic stress and stress and predisposition to disease Social Sciences Psychology

Encyclopedia of Stress, 2000-04-19 Stress is generally defined as a strain upon a bodily organ or mental power Depending on its duration and intensity stress can have short or long lasting effects it has been linked to heart disease immune deficiency memory loss behavioral disorders and much more These effects on the individual also have a major impact on health care costs and services employee productivity and even violent crime The Encyclopedia of Stress is the first comprehensive reference source on stressors the biological mechanisms involved in the stress response the effects of activating the stress response mechanisms and the disorders that may arise as a consequence of acute or chronic stress While other books focus on specific aspects of stress this three volume set covers the entire spectrum of topics with nearly 400 articles in all In addition to the subjects traditionally associated with the hypothalamic pituitary adrenal axis whereby the brain sends a message to the body to react the Encyclopedia includes a wide range of related topics such as neuroimmune interactions cytokines enzymatic disorders effects on the cardiovascular system immunity and inflammation and physical illnesses It also goes beyond the biological aspects of stress to cover topics such as stress and behavior psychiatric and psychosomatic disorders workplace stress post traumatic stress stress reduction techniques and current therapies The Encyclopedia of Stress makes information easy to find and understand for a broad audience of researchers clinicians professionals and students

Key Features Presenting the first ever encyclopedia on stress Brings together the latest information on stressors stress responses and the disorders that can result Covers stress from molecules to man to societies Contains nearly 400 articles covering a wide range of stress related topics Arranges topics in easily found alphabetical order Supplements each article with a glossary and further reading list Provides the most comprehensive coverage of stress available Includes extensive cross referencing between articles and a complete subject index Covers hot topics ranging from stress in the workplace and post traumatic stress disorder to stress related diseases Edited by one of the world's leading authorities on stress Written by more than 560 experts from 20 different countries Appeals to a wide audience seeking information on topics within and outside their areas of expertise

Life Stress, Personality and Breast Cancer Alf Forsén, 1989

Coping with Disease Annette V. Lee, 2005 If there is a single challenge a person faces in every stage of life from birth to death it is the necessity of coping with life's exigencies These

often include health problems social stress and perceived difficulties The ability to deal with these issues defines an individual to a large extent and can accelerate or brake one s development in the multitude of mental and physical pathways intrinsic to life Coping behaviours include talking out a problem crying laughing relaxation ignoring the problem praying looking for the positive aspects of a situation assuming everything is terrible taking medication hoping a problem will go away attacking the problem with willpower cognitive therapy etc This new book examines new research which will shed light on coping behaviours in a vast array of disease situations

Stress Reactivity Patterns in Breast Cancer Survivors and the Implications of Various Psychosocial Factors Cynthia Wan, 2019 The stress system comprises the hypothalamic pituitary adrenal HPA and the sympathetic adrenal medullary SAM axes The two operate synergistically to regulate metabolic and biological processes maintain homeostasis and manage physiological responses towards various environmental challenges known as stressors Numerous studies have observed impaired HPA response among White breast cancer survivors followed by an eventual normalization of the HPA axis but little is known about SAM functioning the complementary relationship between physiological and psychological stress and the influence of culturally related factors This dissertation aims to address these gaps in the literature via three studies In Study 1 we examined the diurnal and reactive patterns of salivary alpha amylase a SAM biomarker in a sample of predominantly White women with and without a prior diagnosis of breast cancer The purpose was to establish an initial understanding of SAM functioning in relation to the participants HPA activity as measured by cortisol responses complementary to a previously published study in the laboratory Results of Study 1 revealed no abnormal response to stress Virtually identical alpha amylase slopes were observed between breast cancer survivors and control participants except that breast cancer survivors had elevated basal levels of alpha amylase thus suggesting a heightened sympathetic tone In Study 2 acute and diurnal cortisol profiles and their accompanying psychological stress responses were examined in a sample of Chinese and White women with and without a prior diagnosis of breast cancer In the same participants we also examined chronic stress levels via hair cortisol concentrations which was the subject of Study 3 In both studies 2 and 3 we assessed the potential influences of cultural orientation and ethnocultural group membership on physiological and psychological stress patterns For the most part Study 2 supported previous findings from the literature and our laboratory Breast cancer survivors displayed a blunted cortisol response and their diurnal profile was comparable to that of control participants But contrary to our hypotheses ethnocultural membership and cultural orientation did not influence physiological patterns of stress However an interaction between ethnocultural group health status and time i e from baseline to one hour after stress induction was observed in the subjective appraisal of an acute stressor Specifically White breast cancer survivors reported significantly lower levels of perceived stress than the other three groups These results suggest that health related stress may supersede the effects of culturally related stress and indicate the potential presence of posttraumatic growth among our sample of White breast

cancer survivors only Study 3 revealed no differences in hair cortisol concentrations between breast cancer survivors and control participants nor between Chinese and White breast cancer survivors However it was observed that healthy Chinese women exhibited significantly higher levels of hair cortisol concentrations than their Western counterpart Further analyses revealed that health status and cultural orientation did not significantly predict the observed patterns of physiological or psychological stress Although non significant Study 3 results offered preliminary evidence that higher orientation towards both the dominant and non dominant cultures is associated with higher levels of chronic physiological and psychological stress Collectively our studies may provide support for the long term recovery of the HPA axis via the examination of acute diurnal and chronic patterns of cortisol but further research will be required The dissertation also highlights several important key points regarding culturally related factors health and stress 1 The perception of stress is influenced by one s degree of cultural orientation and 2 effects of health related stress may supersede those of culturally related stress but 3 among healthy women ethnocultural minorities may have more stressful encounters than their Western counterpart thus having important clinical implications for ethnocultural minorities who are newly diagnosed with a chronic condition Together results of the studies highlight the importance of further investigating the enduring and acute implications of psychosocial variables particularly the influence of cultural orientation on the experience and perception of stress

Stress and Its Relationship with Breast Cancer Alarna Muggerridge,UNITEC Institute of Technology. School of Nursing,1997*

Psychological Stress and Risk of Hormone-dependent Cancers Naja Rod Nielsen,2007 **Stress Management**

Intervention for Women with Breast Cancer Michael H. Antoni,Roselyn Smith,2003 Annotation This book manual package provides a clinical framework for health professionals who wish to offer group psychosocial support to breast cancer patients The package trains therapists to help group members cope with the diagnosis of breast cancer and its treatment and provides empirical validation for the program s techniques Session by session guidelines are supplied in the therapist s manual for each module of the program A separate companion workbook for group participants is also available Antoni is professor of psychology psychiatry and behavioral sciences at the University of Miami Annotation c Book News Inc Portland OR booknews com

The Oxford Handbook of Psychoneuroimmunology Suzanne Segerstrom,2012-07-19 This volume collects the state of the art applications of psychological theory to the interactions among the mind the nervous system and the immune system including applications drawn from affective science developmental psychology behavioral neuroscience and clinical psychology

Oncology in Primary Care Michal Rose,2013-04-01 Oncology in Primary Care is for primary care clinicians who need practical and concise information on caring for their patients with cancer Written in an easy to browse format chapters cover risk factors prevention screening prognosis and surveillance strategies valuable information that helps primary care clinicians advise their patients regarding therapeutic and end of life decisions and become true partners in the care of their patients with cancer Each chapter also includes an abundance of figures and tables to help

clinicians find quick answers to questions commonly encountered in the primary care setting Plus a companion website is available allowing easy accessibility to the content

MD Anderson Manual of Psychosocial Oncology James D. Duffy, Alan Valentine, 2010-12-17 A practical and comprehensive guide to fostering behavioral and emotional health in cancer patients from one of the world's leading cancer treatment centers Reflecting the collective expertise of more than forty contributors most from the renowned MD Anderson Cancer Center this manual addresses key psychological and behavioral issues that should be considered when treating cancer patients including special populations such as children and the elderly Coverage includes Communicating with patients and family Distress and cancer Assessment and management of psychological symptoms including mood disorders anxiety fatigue substance abuse and delirium Family and cultural issues including spirituality and religion and supporting the caregiver Integrative medicine Physical medicine and rehabilitation Grief and end of life issues including non pharmacologic interventions and palliative medicine Healthcare professional wellbeing MD Anderson Handbook of Psychosocial Oncology is designed to be a practical guide for clinicians and allied professionals in the day to day practice of psychosocial oncology which is an essential component of the comprehensive care of cancer patients and their caregivers

Are Pre-/postnatal Stress Factors and Chronic Stress Linked to Breast Cancer? Nathalie Kipgen, 2015

Aging, Stress and Health Kyriakos S. Markides, Cary L. Cooper, 1989-05-09 The main objective of the Studies in Occupational Stress series is to bring together leading psychologists and occupational health researchers to report on their work on stress and health This text covers stress related ageing issues and examines social support systems for those in need

An Examination of Subjective and Physiological Stress-related Factors in Breast Cancer Survivors Couture-Lalande, 2016 Dysregulation of the hypothalamo pituitary adrenal HPA axis activity has been commonly observed among breast cancer patients and has been linked to adverse health consequences However whether these alterations persist long after the cancer diagnosis has not been well documented In the first study the diurnal cortisol rhythms and the cortisol stress response of breast cancer survivors who had completed all local and or systemic adjuvant therapy with the exception of hormonal therapy were compared to those of women without a history of cancer The Trier Social Stress Test was used to elicit a moderate stress response and the subjective levels of stress of participants were recorded using visual analog scales The results indicate similar diurnal patterns in both groups however significant differences in stress reactivity were noted with breast cancer survivors displaying a relatively flat profile following the acute stress induction Subjective levels of psychological stress were similar in both groups indicating that the subjective appraisal did not account for the blunted cortisol stress response In the second study the impact of the stressful life events that happened during the previous year on the cortisol stress response was analyzed in the same groups of participants The frequency of stressful life events as well as their subjective impact was documented using the Life Experience Survey Results suggest no group differences between the total number of stressful life events and their perceived effect However the

number of stressful life events and their perceived impact correlated negatively with the peak cortisol concentration in breast cancer survivors. The results suggest that the cumulative effect of stressful life events contribute significantly to the low levels of cortisol reported in breast cancer survivors following a stressful situation. Together these studies emphasize that breast cancer survivors are at risk of presenting a subtle alteration of their HPA axis activity when their system is challenged and that an accumulation of stressors plays a role in this dysregulation. These results reinforce the need for interventions intended to reduce the levels of psychological stress experienced by breast cancer survivors.

Psycho-Oncology Jimmie C. Holland, 2010-03-22. *Psycho-Oncology* was the first comprehensive text in the field of psychosocial oncology and remains the gold standard today. Written by 67 internationally known psychiatry and palliative care experts, the resource is truly an essential reference for all providers of palliative care. Joining Oxford Medicine Online, this resource offers the best quality content in an easy-to-access format. Online-only benefits include downloading images and figures to PowerPoint and downloading chapters to PDF.

Stress Management Intervention for Women with Breast Cancer Michael H. Antoni, 2003. This book and accompanying therapist's manual provide a complete clinical framework for health professionals who wish to offer group psychosocial support to breast cancer patients. This package focuses on training therapists to help group members cope with the diagnosis of breast cancer and its treatment while also providing empirical validation for the program's techniques and providing a session-by-session set of guidelines for each module of the program. The program includes 10 weekly cognitive behavioral stress management sessions and their accompanying 10 weekly relaxation training sessions. A companion workbook available for group participants presents valuable psychoeducational and psychotherapeutic components that teach women coping with breast cancer how to use empirically supported skills such as meditation and relaxation exercises to overcome otherwise overwhelming stressors. Together, this stress management package presents a clearly articulated, empirically supported program for doctors, therapists, psychologists, nurses, and other health care providers.

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Stress Management Intervention for Women with Breast Cancer Michael H. Antoni, Susan Alferi, 2003.

Stress and Coping Across Development Tiffany Field, Philip M. McCabe, Neil Schneiderman, 1988. First published in 1988, Routledge is an imprint of Taylor & Francis, an informa company.

Oncology Nursing Forum, 1999.

Reviewing **Breast Cancer And Stress**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is actually astonishing. Within the pages of "**Breast Cancer And Stress**," an enthralling opus penned by a highly acclaimed wordsmith, readers attempt an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve in to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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