



# 8

## Chemical Creativity

As you sit behind your desk, you may start to feel a little tingling sensation or a slight increase in awareness of things around you at the office, things that you didn't notice before. Words might appear brighter or sharper on the screen. And perhaps not so much changes around you but how you experience it changes quite a lot, you feel alive and quite present in your body. (Mishra 2020, p. 42)

This is an excerpt of an interview that Swasti Mishra (2020), one of the ChemicalYouth ethnographers, had with young professionals in Amsterdam who were self-experimenting with microdoses of lysergic acid, also known as LSD, and psilocybin, the active ingredient of “magic mushrooms.” During the ChemicalYouth project, we observed that microdosing with psychedelics was emerging as a new trend among students and young professionals. Popular media such as *Forbes*, *Vice*, *Rolling Stone*, and *Marie Claire* published stories on this trend, with titles such as: “Micro-dosing: The Drug Habit Your Boss Is Gonna Love” (Dean 2017), “Interview With a Corporate Banker Who Microdosed His Way to the Top” (Fisher 2016), and “Can Very Small Doses of LSD Make You a Better Worker?” (Woods 2016).

# Chemical Creativity

**JR Anderson**



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